Support
Our Island
Businesses
SHOP AND
DINE LOCAL

Munu Sun

PRSRT STD U.S. POSTAGE PAID FT MYERS, FL PERMIT #5718

Postal Customer ECRWSS

VOL. 28, NO. 43

#### SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 23, 2021

APRIL SUNRISE/SUNSET: 23 6:58 • 7:56 24 6:57 • 7:57 25 6:56 • 7:57 26 6:55 • 7:58 27 6:54 • 7:58 28 6:53 • 7:59 29 6:52 • 7:59



Flamboyant cuttlefish hatchling

## Flamboyant Cuttlefish Exhibit

mall, colorful and rather feisty cuttlefish hatchlings are now on exhibit at the Bailey-Matthews National Shell Museum on Sanibel.

photo provided

Viable eggs from flamboyant cuttlefish (Metasepia pfefferi) arrived at the museum from Woods Hole Marine Biological Laboratory in late January. After a few weeks of incubation, the eggs began to hatch. Shortly after hatching, they began to stalk and hunt their live continued on page 36

# First Snowy Plover Nest Of Season



"Pale Male," the snowy plover

anibel-Captiva Conservation Foundation (SCCF) Shorebird Biologist Audrey Albrecht reported that her volunteer team roped off its first snowy plover (*Charadrius nivosus*) nest of the season on April 6 on the east end of Sanibel.

The volunteers named the snowy

photo provided

plover "Pale Male." He was shading the single light brown-speckled egg, which blends in with the sand and shell, while his mate was off feeding to get energy to lay the next egg.

"We also have another area posted on the east end where our snowy plovers continued on page 40



Lighthouse Beach Park on Sanibel, June 2018

## New Regulations In The Works For Lake Releases

submitted by James Evans

The U.S. Army Corps of Engineers is in the process of developing a new Lake Okeechobee Regulation Schedule that will provide new guidance on how the Army Corps of Engineers will manage water in Lake Okeechobee for the different parts of South Florida's

photos provided

complex water management system. The new schedule is called the Lake Okeechobee System Operating Manual or LOSOM for short.

LOSOM will consider additional infrastructure that will soon be operational, including rehabilitation of the Herbert Hoover Dike, Kissimmee River Restoration, and Comprehensive Everglades Restoration Plan projects such as the C-43 Reservoir located within the Caloosahatchee watershed and the C-44 Reservoir located in the St. Lucie watershed. LOSOM is supposed to balance the various project purposes



Lake Okeechobee

of the Central and Southern Florida Project (C&SF): flood control; navigation; water supply for agricultural irrigation, municipalities, industry and Everglades National Park; regional groundwater and salinity control; enhancement of fish and wildlife; and recreation.

Extensive drainage work that has occurred in the Caloosahatchee watershed

over the past century resulted in a system that drains very quickly with little to no treatment, resulting in water of poor quality being delivered to the estuary and the coast. Because of these hydrological changes, the Caloosahatchee currently receives the lion's share of the harmful discharges from the lake during the rainy

continued on page 32



Grampy with Jim Castle on the fishing pier at Trailways Camp

### Donation To Support Special Needs Families

rampy's Charities raises funds to support organizations transforming the lives of children by partnering with comfort and research based charities in order to make a difference in the lives of those who need it most.

Grampy's recognizes that when children grow up and become adults with

unique special needs, they frequently lead lives of social isolation with reduced opportunities for connecting in their communities. Family caregivers also have few opportunities for respite. That's where Trailways Camp come in. It is a place for adults with special needs and "A place where you are something special.

"For the fifth year, Grampy's is providing a donation that will support entry into a new year for Trailways Camps led by Sharon and Jerry Miller, founders, and we look forward to visiting the campers with our mascot, Grampy,



Back row, from left: Dave Essig, Grampy's board member; Bob Risch, board member; Jim Castle, founding board member; Grampy (Phil Reigelsperger); Jerry Miller, Trailways Camp founder; and Pastor Doug Hummer, Trailways Camp board member. Front row, from left: Jonatha Castle, Grampy's board member; and Sharon Miller, Trailways Camp founder

in the fall of 2021," said Jim Castle, Grampy's Charities founding board member.

While a son or daughter is at Trailways Camp overnight, caregivers know they are participating in camping

experiences that provide opportunities for growth, fun and friendships - with staff and volunteers that assure high quality and safety. Trailways Camp provides this support for the adults and their families.☆



# Choose The Best Homemade Ice Cream On Island!



The Sandpiper The Beautiful Junonia Sanibel Sea Shells **Dolphin Tracks Purple Cow Shot In The Dark** 

> Raspberry Chip & Triple Berry **Blast Gelatos**

> > **Key Lime Frozen Yogurt**



Fresh Made Sandwiches To Go! Getting ready to go to the beach? Let us pack a lunch for you!

Open Daily from 8am-10pm • Two Great Shops In One Location! On the East End of Sanibel, near the Lighthouse 362 Periwinkle Way • 239-476-0796 • www.SanibelsBestHomemadelceCream.com



Please like us on Facebook, Instagram and Twitter

# It's Like Shopping In A Park!

# Voted Sanibel's #1 Shopping Destination

By The Lee County Visitor & Convention Bureau







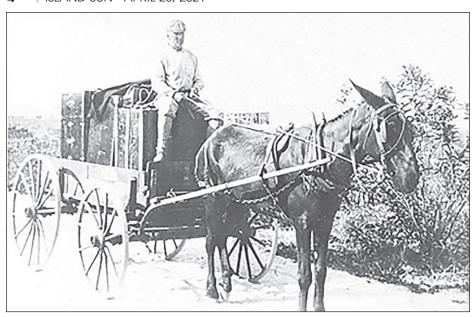
239.395.2220 • 877.695.1588 PERIWINKLE PLACE SHOPPING CENTER



2075 Periwinkle Way • 2 miles off Causeway Road on the Left • PeriwinklePlace.com Shop Mon - Sat 10-6, select stores until 7 • Sun 12-5 • Dine 8am to 8pm (or later)







John Morris and his mule Captiva Island Historical Society

## Looking Back: John Morris

he above photo, taken pre-1940, shows John Morris and his trusty mule. Morris used his mule-drawn carriage to pick up mail and passengers from



Randall's Dock. He lived where Twin Palms is now.

The History Gallery, developed by the

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captivaisland historicalsociety.org/archives/research to view many more images to bring you closer to Captiva.☆

## Churches/Temples

Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7.30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9.30 a.m. (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, www.batyam.org, 2050 Periwinkle Way, 732-780-2016. HISTORIC CAPTIVA

**CHAPEL BY THE SEA** 

Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 8, 2020 through April 25, 2021. Services posted on Chapel's Website for viewing. Weekly Bible Study on Tuesdays at 10 a.m. Masks are mandatory and social distancing will be in effect. www. captivachapel.com, www.facebook.com/ Captiva-Chapel-By-The-Sea, 11580 Chapin

Lane Captiva, 472-1646. CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only' service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at www.sanibelchurch.com, 1740

Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 2556 Thursday and Friday at 8:30 a.m. 3559

Sanibel-Captiva Road, 472-2763. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. In-person services resume with limited seating, masks and reservations required. Inperson limited seating services requiring reservations and masks are on Saturdays at 5 p.m., and Sundays at 8 a.m. and 10:30 a.m. Reservations can be made on our website and go live every Tuesday at noon. The 10:30 a.m. Sunday service will also be livestreamed. www.saintmichaels-sanibel. org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☼



"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife Shell Gifts • Jewelry • Books • Candles • Lamps • Craft Supplies T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses

Celebrating Over 45 Years On Sanibel!

**BIG SELECTION** 



Shop in SW Florida News Press Readers Poll 2000-2019

Voted The Best Gift Shop

in SW Florida 2019

Adult & Kids T's sizes XS-XL

3 for \$23 XXL 3 for \$29

> 1157 Periwinkle Way 472-6991 • 472-8080

Open 7 Days 9am 'til 8:30pm SheSellsSeaShellsSanibel.com





HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois

Hair Styling

Linda • Marisa • Jeanne

695 Tarpon Bay Road, Sanibel

239-472-2591



# – Digwer Fahitian Gardens **Shopping Center**

1975 Periwinkle Way

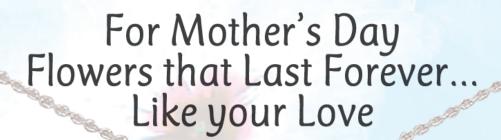




- morning nosh/cold brew & hot coffee
- 📊 daily crafted handhelds, salads, soups, pizzas, sweets, & much more!
- oven ready entrees/hors d'oeuvres
- event catering & private chef services
- m concierge menus

2003 Periwinkle Way (Tahitian Gardens Plaza) · Sanibel

**239.887.0050** • paperfigkitchen.com



The Sanibel Periwinkle



Tahitian Gardens 1993 Periwinkle Way 239-472-2876 or 800-749-1987 www.CedarChestSanibel.com

THE CEDAR CHEST FINE EWELRY

A Sanibel Tradition Since 1975



Shop in-store, by phone or online





# SYNERGY

1981 Periwinkle Way Sanibel (239) 395-0385

#### LIFE IS GOOD®







For individual shop information: www.ShopOnSanibel.com

## New Pastor Brings International Experience



by Kathy Kurtz Ferrari

Sanibel Community Church is celebrating milestones. Renovation of the "Little Brown Church," one of the most historic structures on the

island, is nearing completion. A soft reopening is planned for Sunday, April 25 at 10:30 a.m., with an official open house to be held later.

The church also has a new pastor at the helm. For the past 10 months, Sanibel Community Church has been led by Senior Pastor Jeramie Rinne, after longtime Pastor Dr. Daryl Donovan retired in 2019.

Rinne, 50, brings a dynamic preaching style to the congregation, as his sermons feature humor and a conversational flare that relates the Bible to everyday life.

Growing up in Las Vegas, Rinne went to college at Wheaton College near Chicago. Following seminary school, he served as pastor for 20 years at South Shore Baptist Church in Hingham, Massachussetts, a wealthy suburb south of Boston.

Prior to arriving on Sanibel, Rinne



Jeramie Rinne is the new senior pastor of Sanibel Community Church

photo by Kathy Kurtz Ferrari

and his family – which includes his wife Jennifer and four children, the youngest currently a junior in high school – lived in Abu Dhabi, capital of the United Arab Emirates, where for four years Rinne served as pastor of an Evangelical church with an international congregation.

"I had been in the church near Boston for a long time, and had been wanting to challenge myself," Rinne said during an interview in his office just before Easter.

"If you've been in a role for a decade, after a while, you have the ability to coast if you let yourself. So I wanted to keep growing."

He thought about pursuing another degree but instead decided to take part in overseas ministry, traveling to other countries for short stints to help train other pastors.

Enjoying the experience, and hearing about an opening for a pastor at the flagship Evangelical Church of Abu Dhabi, he decided to look into the position.

"I was fascinated by the opportunity," he said, although admitting his wife was not completely convinced that moving their family to the Middle East was a good idea.

"She was a little shocked, and I think she thought, 'Well, just let him apply and

get it out of his system.' I don't know if she thought this was my mid-life crisis," Rinne said with a laugh.

After a little convincing, the family moved from a comfortable suburban lifestyle to a completely foreign land.

Abu Dhabi has a rich cosmopolitan demographic, and Rinne's church had about 1,000 members from 50 to 60 different nations.

"When I would stand there on a Sunday morning, it looked like I was addressing the United Nations," he remembered.

While his sermons were preached in English, he had to speak it in a simplified way. He couldn't use any American idioms or pop cultural references.

"Sometimes I'd make a joke and people would just stare at me," he said.

"And other times I'd be preaching and

"And other times I'd be preaching and I'd say something matter-of-factly and the whole room would erupt in laughter, and I didn't know why they were laughing. You realize you really don't know a culture until you laugh at their jokes."

His family also learned how to adjust to different perspectives, making friends with people from all over the world.

"I think the experience of living as ex-pats really enriched our kids' lives. I'll never forget, about half way through the first year, my daughter said, 'Dad, I think this is the best year in school I've ever had.' And then my senior in high school said, 'Me too,'" Rinne noted.

"I don't think anyone was on board

"I don't think anyone was on board with the idea (of moving), but by the time it was over, everybody was happy and it drew us closer as a family."

continued on page 10



239.312.8467 • INFO@COCOYCABANA.COM

2340 PERIWINKLE WAY #G-2 SANIBEL. FL

HOURS: MONDAY-SATURDAY 10AM-5PM • SUNDAY CLOSED

# Priscilla's

OF SANIBEL

SHOP OUR EXCLUSIVE COLLECTION OF THE OLIVER THOMAS QUILTED TOTE BAGS, TENNIS BACKPACKS, PICKLEBALL DRAWSTRING BACKPACKS AND ACCESSORIES.



Priscilla's of Sanibel is a fun and unique boutique that offers women-owned products, artists and designers. Inspired by the legendary Priscilla Murphy, who was the first realtor on the island and one of the many trailblazing women of Sanibel.

We can't wait to meet you!

The Village Shops • 2340 Periwinkle Way F1 www.PriscillasOfSanibel.com • 239-558-4441

f@PriscillasOfSanibel

#### **TAHITIAN GARDENS**

1975-2019 PERIWINKLE WAY

Adventures In Paradise Cedar Chest Fine Jewelry Cheeburger Cheeburger Pandora's Box Paper Fig Kitchen Sanibel Cafe Sanibel Resort Wear Sanibel Sole **Shiny Objects** Synergy Sportswear Wilford & Lee Home Decor

#### THE VILLAGE SHOPS

2340 PERIWINKLE WAY

Coco y Cabana Priscilla's of Sanibel MacIntosh Books + Paper Tribeca Hair Salon Traders 2 (T2) T2 Gifts Watson MacRae Gallery Why Knot

#### **OLD SANIBEL SHOPPES**

630 TARPON BAY ROAD

Amy's Something Special Island Paws jb designs On Island Over Easy Cafe Sanibel Art & Frame Suncatcher's Dream

#### **TOWN CENTER**

2496 PALM RIDGE ROAD

Subway® | The Pecking Order



# SHOP ON SANIBEL

# Come for the beaches... discover the shopping!

An upscale ambiance at four distinctive Centers. You'll find boutique shopping, family dining, personal services.

> Now open at The Village Shops



LUNCH BAR DINNER GIFTS



1975-2019 Periwinkle Way

VILLAGE SHOPS 2340 Periwinkle Way



2496 Palm Ridge Road

Olde SANIBEL SHOPPES



For individual shop information:

www.ShopOnSanibel.com







# Seniors Struggle To Get Center 4 Life Reopened

by Wendy McMullen

lans are still undecided but island seniors are alarmed to hear that they may have to wait two to five years to get their Center 4 Life open again.

The Center 4 Life was closed and all its staff dismissed when COVID-19 hit in March last year. Now members of the Center 4 Life have been told that their center may not open for some years.

'What we want is for the council to keep the commitment that they made in 2019 when they bought the bank building," said Island Seniors, Inc. Vice President Shirley Schulz. Island Seniors, Inc. represents the 800 members who utilize the Center 4 Life in its current location on Library Way.

The city purchased the former Sanibel Captiva Community Bank building at 2475 Library Way for \$1.89 million in December 2019.

A new building for the Center 4 Life has been under consideration for years. The current building, formerly the Sanibel Library, was built in 1973 and is in need of extensive renovation.

The Center 4 Life was originally set up under the City of Sanibel, and it is the city that takes care of the building and staff necessary to run it, including the director and an assistant. Island Seniors, Inc. pays for needed equipment and improvements.

Now a proposal is on the table to put off opening the Center 4 Life again until the former Sanibel Captiva Community Bank building can be remodeled to make it suitable for Island Seniors and to move the Sanibel Police Department into the Center 4 Life building while the police department undergoes additions and renovations

Other options include relocating the police department to the newly acquired former bank building and reopening the Center 4 Life in its current location, or going ahead with both the police department and bank building projects

simultaneously and finding other accommodations for the police.

It was noted that closures as a result of COVID-19 had left a lot of retail space on the island vacant.

At the last city council meeting, Sanibel Mayor Holly Smith, alarmed at how far plans had progressed, called for a pause until all alternatives and costs are fully considered. City council members voted unanimously to direct staff to examine all the options with respect to reopening the Center 4 Life and relocating the police department

It seems neither the police department nor the seniors favor the alternative of putting the police in the current Center 4 Life building. Police Chief Bill Dalton reiterated that it was never intended that the police department would supplant the

seniors.

"When we started this, the Center" 4 Life was up and running," he told city council several times during the proceedings. "It was never intended that we should use that building for the police department.

The Center 4 Life should be reopened and a director hired with necessary staff to once again serve our senior population," a group of Island Seniors pointed out in a letter to the Island Sun, adding that many seniors live alone and that the center is primarily social with activities and programs that help seniors maintain a healthy social life.

Among the activities offered at the center are classes on computer and driving skills, art, bridge, crafts, health and kayaking excursions, along with tours and overnight and day trips.

Some people think of it as just a place to exercise but it's much more than that," said Deborah Butler, Island Seniors, Inc. past president, adding that another alternative posed by the city to transfer recreation activities to The Community House and the Sanibel Recreation Center would not nearly cover the many functions of the Center 4 Life.

Island Seniors was created in 1977 from a need for activities tailored to people over age 50. Island Seniors, Inc. Treasurer Bud Reinhold stated in a letter to this newspaper that the median age in the U.S. is 37.9 while on Sanibel it is 66.4. Island Seniors flourished when a central space was provided by the City of Sanibel in 1993 with the Center 4 Life building.

Island Seniors expected to move into a new home in the former bank building 13 months after the city's purchase of the building. However, the advent of COVID-19 and the feared effects on the city budget closed the center, dismissed all the staff, including the director and assistant director, and put all plans for renovation on hold.

Another part of the proposal currently under discussion is to use funds allocated to the Center 4 Life for the police department renovations, a plan that Reinhold said may be illegal.

When I was assistant director of both the housing and the redevelopment authorities of the City of Milwaukee, I signed many bond issues," Reinhold stated in his letter. "The proceeds of those issues had to be used for purposes that were approved when the bonds were offered. It was illegal for us to divert the proceeds to other projects. Maybe Florida law is different.

An expansion and renovation of the police department's headquarters in the city hall complex has also been planned for some time. The proposed expansion includes approximately 1,250 square feet of additional floor area on the ground floor and 3,300 square feet of additional area on the second floor to be located east of the current building. The estimated cost of the expansion and renovation is a little over \$3.7 million.

Although the police force of 30 officers and a total of 67 staff is not expected to expand, the current space is cramped, with accessibility and security problems, and poor accommodations for women officers and staff. The proposed addition would provide a gym and locker rooms for both men and women, along with meeting, training, interview and bunk rooms.

Other alternatives for relocating the police department include moving police to the Natural Resources Department and relocating Natural Resources to the former bank building.

The various alternatives will be discussed at the next council meeting on 

## Community House Events

The Secure Shredding truck will be in the parking lot across the street from The Community House this Saturday, April 24 from 9 a.m. to noon. Cost is \$5 per bag or box.

The Sanibel Community Association (SCA) annual board meeting will be held on Wednesday, April 28 at 8:30 a.m. Inperson and virtual options are available.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

The Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Cost is \$5 suggested donation.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome, \$5 suggested donation.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call *472-2155.*☆

Independently Owned And Operated COPYRIGHT 2021 Island Sun LORKEN Publications, Inc.



SANIBEL CAPTIVA







USPS 18: Bulk Rate permit paid, Sanibel, FL, 33957 Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957

Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 8,000-10,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (allow 2-3 weeks for delivery). First Class U.S. \$150 one year, \$75 six months (allow 3-5 days for delivery). Prices include state sales tax. Subscription requests by mail, email or phone.

Readers with news, tips, comments or questions, call 239-395-1213, write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement. We will correct factual errors or matters of emphasis and interpretation in news stories.

**Publisher** Lorin Arundel

Accounting Mike Terry

Advertising **Bob Petcher** 

**Graphic Arts** & Production

Ann Ziehl, Manager Amanda Hartman Willow Peterson

Reporters

Kathy Kurtz Ferrari Wendy McMullen

#### **Contributing Writers**

Read Online: www.IslandSunNews.com

Kay Casperson Constance Clancy, EdD Suzy Cohen Linda Coin Cindy Carter Clay C. Ewell Marcia Feeney Katie Frederic Shelley Greggs Jarred Harris Marion Hauser, MS, RD Ross Hauser, MD

Bryan Hayes

Craig R. Hersch

Dr. Jose H. Leal. PhD Kealy McNeal Capt. Matt Mitchell Trinette Nelson Howard Prager Gerri Reaves PhD Angela Larson Roehl Julie Rosenberg, MD J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Jeanie Tinch

Allison Havill Todd

# PRESS PAUSE ON THE CENTER 4 LIFE PROJECT

THE CITY COUNCIL RECENTLY VOTED TO HIRE AN ARCHITECT TO DESIGN THE CENTER 4 LIFE PROJECT, AS CONCEIVED WELL BEFORE THE PANDEMIC.

WE SHOULD EXAMINE HOW CURRENT SANIBEL FACILITIES COULD HANDLE THIS NEED WITHOUT EXPENDITURE OF MILLIONS OF TAX DOLLARS FOR ANOTHER UNDER-UTILIZED FACILITY.

COMING OUT OF THE PANDEMIC, ORGANIZATIONS AROUND THE WORLD ARE LEARNING:

- WE JUST CAN'T GO BACK TO OUR PREVIOUS PLANS AND STRATEGIES
- THERE'S NO RETURN TO NORMAL, BUT A "NEXT NORMAL"
- WE MUST DO MORE WITH LESS
- WE CAN'T SOLVE TODAY'S PROBLEMS WITH YESTERDAY'S SOLUTIONS
- WE MUST SOLVE PROBLEMS FOR LARGE NUMBERS, NOT JUST A FEW
- TAXES CAN'T JUST CONTINUE TO GO UP
- PUBLIC OFFICIALS MUST SOLVE PROBLEMS FOR THE WHOLE PUBLIC, NOT JUST THE VOCAL

AS YOGI BERRA SAID, "THE FUTURE AIN'T WHAT IT USED TO BE!"

PLEASE JOIN US IN URGING THE CITY COUNCIL TO "PRESS PAUSE" ON THE CENTER 4 LIFE PROJECT UNTIL A THOUGHTFUL RECONSIDERATION CAN TAKE PLACE.

Paid for by CITIZENS FOR FISCAL RESPONSIBILITY



Dr. Elwood Smith directing the choir

## Retirement Celebration For Music Director

fter 20 years as music director of Sanibel Congregational United Church of Christ, Dr. Elwood Smith is planning to retire this June. The music committee holding a celebration in honor of Dr. Smith at 10 a.m. on Sunday, April 25. The reception, which will begin at the conclusion of the 9 a.m. service, will be outdoors in the church courtyard. Congregants, friends of the church and others who know Dr. Smith

photo provided

are invited to attend.

From his earliest experiences attending concerts in Cleveland, Ohio, Dr. Smith's life has been steeped in music. A degree at the prestigious Eastman School of Music in Rochester, New York jumpstarted a career that included teaching for 30 years at Northern Illinois University at DeKalb. He has conducted and directed choral groups, bands, more than 90 musicals and numerous operas. His extensive travels are centered around the operas and other concerts he can attend in each locale.

As music director at Sanibel Congregational United Church of Christ, Dr. Smith plans for and directs the choir throughout the season, hires section leaders and soloists, works closely with the church's other musicians, and often plays the piano for special pieces and at the 7:45 a.m. services. He has been instrumental in arranging for outside

groups to present concerts at the church.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place. For more information, call the church office at 472-0497.☆

From page 6

#### **New Pastor**

Rinne also gained a priceless education from the experience, but when it was time to repatriate, it had to be a

He searched for a church position that wasn't what he called "a typical American suburban life.

Learning of an opening on Sanibel - a place of which he had never heard – he was intrigued by Sanibel Community Church's history and significance to the

"This church has been here in some form or another since the first settlers, and that to me is wonderful," Rinne stated. "I love how this church has a history of being anchored in the community. That's one of the things that drew me in."

Granted, Sanibel's demographic is completely different than his last assignment, but the Rinnes have embraced their new home.

We love the church and we love the small town feel, and we love the cosmopolitan nature," he shared. "Even though it's a small town, you get people from all over the country, even all over the world, who come through here. And that was something we were sad to leave in Abu Dhabi.

"But the people here are so fascinating. The people on Sanibel and Captiva have led amazing lives. They have incredible stories to tell. They may be retired, but they have an energy and drive. These are exciting, talented, visionary people."
Having been away for four years,

the Rinnes returned during a tumultuous time, in the middle of a pandemic and an emotional presidential election season.

"It was very strange," the pastor said, admitting he was surprised how polarized the country was.

"There's all these extremes. I just find there's an inability to kind of have middle ground conversations. I think that's sad.

So an assignment on a small island came at the right time for Rinne and his wife, who are greatly enjoying the Sanibel lifestyle. They can be found kayaking, paddle boarding, swimming and going for long walks on the beach.

"I didn't realize what a paradise it was. That sort of dawned on me a little later, and that's sort of icing on the cake. We're really, really happy. We feel really blessed.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.☆

# **NEW VIDEOS AND MORE AVAILABLE ON OUR WEBSITE!**



Visit Sanibelmuseum.org

for New "Twilight Talk" and "Volunteer Update" Videos

You can also find Historical /illage and Volunteer Updates on our **NEWS** page

> **Coming Soon! Summer Hours:** May-July Tuesday - Saturday 10 a.m. to 1 p.m.

**MUSEUM HOURS:** 

Tues.-Sat. 10 a.m. to 4 p.m.

**GIFT SHOP:** 11 a.m. to 3 p.m.

000 b

#### **MUSEUM TOURS:**

Guests can SELF-TOUR using written guides and audio recordings available in every building.

GUIDED TOURS are available only by advance registration. Tours must be in groups of at least six and no more than 10 people.

ADMISSION: \$10.00 adults 18 & over; children are free. Masks are required.

#### Donate or become a member today!

Visit sanibelmuseum.org or call 239-472-4648 950 Dunlop Road, Sanibel, FL 33957



# **OPEN DAILY** 7AM-6PM

Jerry's Café Open Daily: 7am–8:30pm Jerry's Foods Open Daily: 7am–9pm



Located on Casa Ybel and Periwinkle Way

### Smart Fishing Practices Help Protect Wildlife

ind Your Line, a collaborative effort among Sanibel-Captiva conservation organizations, is issuing a plea to local fishing enthusiasts – especially users of the Punta Rassa Boat Ramp – to use smart practices to protect the region's majestic brown pelicans.

The brown pelican is protected by the U.S. Migratory Bird Treaty and included in the state's Imperiled Species Management Plan. Nonetheless, a leading cause of lethal injury in pelicans and other shorebirds is fishing hooks and monofilament entanglement.

The pandemic led to an increase in anglers on the water seeking outdoor, socially distanced recreation. As a result, many boat ramps and fishing piers in the region have seen an uptick in the number of injured and entangled wildlife particularly brown pelicans.

As a member of Mind Your Line, Sanibel-Captiva Conservation Foundation (SCCF) is working with local partners to spread the word about proper fishing practices to reduce harmful impacts on birdlife. The Punta Rassa Boat Ramp on the east end of the Sanibel Causeway has been the site of a steady stream of disturbing cases because a large group of pelicans, mostly juveniles, hang around the docks and the ramp daily. As fishing charters and private boats return to the ramp and fish-cleaning station. these pelicans gather around and beg for handouts. Many of these birds are suffering from embedded fishing hooks or monofilament entanglement. Others have torn pouches from trying to swallow bony fish carcasses.

Volunteers, county parks staff and good Samaritans have been able to corral and deliver them to the Clinic for the Rehabilitation of Wildlife (CROW) for treatment, but often the injuries are too severe, and the birds do not survive.

An especially traumatic incident happened recently when a juvenile brown pelican became trapped in the fish-cleaning station's carcass grinding machine. SCCF staff returned to the ramp to gain a better understanding of the situation. They observed countless birds with embedded hooks and pouch injuries. On two out of three visits recently, they captured hooked birds to deliver to CROW.

Though there is signage indicating it is illegal to feed wildlife, people still improperly dispose of carcasses and bait.

Do not feed fish scraps to the pelicans or discard carcasses in the water. If caught on a line, reel the bird in slowly to prevent further injury. Place a net under the pelican as soon as you are able to reduce stress and commotion, which can cause more injury. Remove the hook by cutting the barb and pushing it backwards to remove.

Release the pelican if it is healthy. If it is not, call CROW at 472-3644.

Visit www.mindyourline.org for information about proper ways to discard monofilament and fishing gear, and how to unhook a bird. If you have questions, email 



# IMPACT 2020 FACTS

food programs • island based education • social & senior services • helping hands & financial assistance



26,933

**SERVICE REQUESTS** 

WERE ANSWERED IN 2020 BY

FISH OF SANCAP MEETING VARIOUS NEEDS AND **HELPING OUR NEIGHBORS** 





WERE DISTRIBUTED















SCHOOL SUPPLIES

# **CHANGING LIVES IN OUR COMMUNITIES SINCE 1982**

Please consider FISH as your island nonprofit partner.

92% of every dollar spent goes directly to our over 30 programs and services. Together, we will continue to be there to remove obstacles, fill in the cracks, and meet individual needs—

neighbors helping neighbors.





2430-B Periwinkle Way, Sanibel FL 33957 239.472.4775 • fishofsancap.org

#### **Plant Smart**

# Carolina Willow

by Gerri Reaves

arolina willow (Salix caroliniana) is the only member of the willow family that occurs in South Florida, but its other common names, coastal plain willow and southern willow, suggest its pervasiveness in the southeastern U.S.

It develops as either a small deciduous tree with a spreading open crown or a multi-branched shrub. It usually reaches no more than 30 feet and grows near freshwater. The trunk is brown and rough, or fissured.

The alternative lance-like leaves have pointed tips, grayish blue undersides and finely serrated edges. They measure up to eight inches long but less than an inch wide.

Kidney-shaped structures, or stipules, are often present at the intersection of the leafstalk and branch.

Male and female flowers appear on separate plants. In spring, greenish yellow male flowers appear in drooping catkins near the branch ends, female flowers in erect clusters.

The fruit capsule releases silky seeds that disperse on the wind.

Carolina willow is a larval plant for several butterflies, including the viceroy, as well as a nectar plant for the tiger swallowtail and red admiral butterflies.

It attracts bees and other pollinators too, and provides food and cover for wildlife.



Silky seeds disperse on the wind photos by Gerri Reaves

Despite its natural place in the ecosystem and benefit to wildlife, the species can be invasive, at least in certain situations.

But it doesn't reach invasive status without human assistance, such as changes to water quantity, quality and flows, and the suppression of natural fires.

In an out-of-balance landscape, freshwater-loving Carolina willow gobbles up landscapes and promotes a monoculture over diversity.

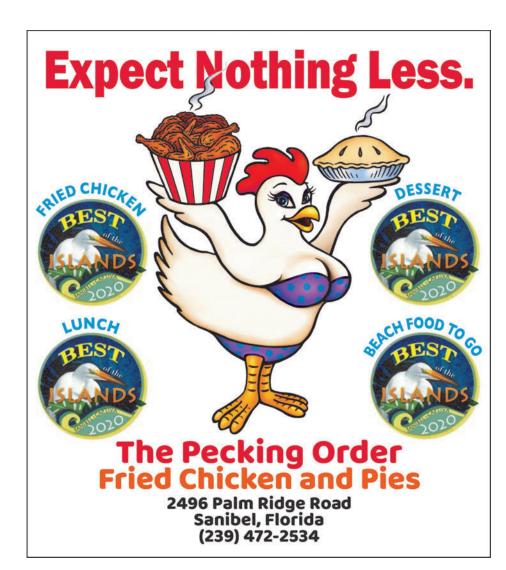
continued on page 16



Native Carolina willow frequents wet areas such as swamps and the banks of ponds, lakes and streams



The leaves are finely serrated





R.S.WALSH LANDSCAPING

f o

WWW.RSWALSH.COM



The Little Brown Church, view from Periwinkle Way

photos provided

# The Little **Brown Church** Reopening Soon

anibel Community Church has provided the community with a place of worship for over 100 years. Now, it is marking the beginning of a new era with the renovation of "The Little Brown Church." The 11 a.m. service will resume in the Historic Chapel in the near future.

Arriving by foot, horseback or horse and buggy, worshippers graced the entrance of the Little Brown Church beginning in 1919. The construction had just been completed by volunteer islanders using materials arriving on mule-drawn carts. At the time, the original entrance faced the main street, which was a dirt road.

Over the last century, many generations have worshipped in the chapel. The "early church" setting has been a popular place for weddings, community events such as the traditional Thanksgiving gathering, Christmas Eve and Easter services, and the Walk Through Bethlehem live drama depicting the birth night of Jesus.

With the opening of the Sanibel

Causeway in 1963, the church experienced steady growth, necessitating new construction. The opening of Fellowship Hall in 1978 coincided with changing the chapel entrance to face the courtyard.

The many uses of the chapel have continued into this century. Along with weekly activities, the chapel was also subject to a yearly minor reconstruction to prepare for the Walk Through Bethlehem during the years of 2007 through 2019. The founder of the annual event, Elaine Donovan, said, "A Christmas miracle took place each of these years with the conversion of the chapel into the little town of Bethlehem." Many islanders took part in the live experience.

The future of The Little Brown Church has been secured with the reconstruction that has taken place over the last year. The chapel has been returned to its original brown (creosote) color. The building level was raised to prevent water damage during heavy rains. Traditional features such as solid oak pews have been blended with modern day construction.

Sanibel Community Church is a non-denominational, evangelical church, located at 1740 Periwinkle Way. For more information, visit www. sanibelchurch.com or call 472-2684.以



The Historic Chapel, view from the courtyard



#### Tarpon Time Has Arrived



by Capt. Matt Mitchell

his week was like someone had flipped the switch as our much awaited tarpon appeared. Seeing pods of rolling fish along with groups of boats anchored up in all the usual places is a sure sign that they are here. Although this favorite fishery has not quite kicked into high gear yet it will only get better by the day as huge pods of migrating tarpon pour into our waters.

On a few charters this week when my clients were game, we gave the tarpon a try for the first hour of

the trip. We did have one bite up at Fosters Point on North Captiva, but after one jump, it was over before the battle began. Bending the rods catching sharks and watching rolling and free-jumping tarpon is a great way to get your people fired up early.

Depending on the wind, this past week we fished for tarpon in a few places throughout the sound and saw them at every spot. Soaking cut baits for these early season fish is hard to beat though fishing threadfins and pinfish under floats in the spread is never a bad idea either.

Having a few rigged tarpon rods onboard is a must, even if you don't plan on tarpon fishing as you may just come across them in your travels.

Slow-moving morning tides made snook fishing a little tougher than it previously had been over the past few weeks. Finding any kind of tide movement was the key. Even when we were sitting in the passes, we had periods of zero tide which makes for a slow bite. Once the tide got higher by midday, the snook bite fired off. Oyster bars on both sides of the sound came alive once the incoming tide was high enough to cover them.

Flats from Chino to Regla were a good choice for popping cork fishing with live shrimp. This fishing seems to bend rods during times of no tide and is a great way to catch a few ladyfish and mackerel for cut bait tarpon fishing. Let the boat drift in three to five feet over the grass and sand bottom areas until you start getting bites.

Once you start catching fish, anchor up and enjoy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$



Melissa hooked a big snook while oyster bar fishing with Capt. Matt Mitchell this week

photo provided











NEW MOTOR SALES • REBUILT POWERHEADS •

FACTORY TRAINED •

**MERCURY - MARINER - JOHNSON - EVINRUDE** SUZUKI - YAMAHA - OMC - I/O'S - MERCRUISER

**Your Bottom Specialist** all on Paint Prices

Courteous Professional Marine Repair Service • Dockside Service Serving Sanibel & Captiva For Life

472-3380 • 466-3344



**CROW Case Of The Week:** 

## Diamondback Terrapin



by Bob Petcher

diamondback terrapin (Malaclemys terrapin) is easily recognizable due to its diamond-shaped patterns on the bony plate of its shell. In fact, it gets its name from that pattern

 even though the overall pattern and coloration vary greatly in different species. This hard shell turtle may be known as

Maryland's official state reptile, but there are seven recognized subspecies that can be found down the Atlantic coast to Florida and around the Gulf of Mexico to Texas. All subspecies do like to inhabit brackish coastal waters – though they are in need of periodic access to fresh water for health reasons -- and are referred to as strong swimmers due to webbed feet.

The diamondback terrapin has been on the decline for the past 100 years. It is listed as "vulnerable" – just above "endangered" on the International Union for Conservation of Nature's redlist.

At CROW, a juvenile diamondback terrapin was admitted after it was found in Naples with what appeared to be a fungal shell infection. Upon presentation, veterinarians noted necrotic areas of the



Patient #21-1181 was treated for a bacterial shell infection and released back into the wild photo by Haillie Mesics

central shell that were discolored and peeling away.

"The shell had areas of necrosis, parts that were soft as well as parts that were dry and flaking off abnormally," said Dr. Robin Bast, CROW staff veterinarian. "We knew the cause was some type of infection, either fungal or bacterial in

The patient was initially isolated, samples of shell scrapings were taken, and the shell was cleaned. The shell samples were sent for testing.

"There were large portions of the shell that were unhealthy and had to be debrided or surgically removed to aid in healing," said Dr. Bast. "Since we didn't initially know if the specific infection this terrapin had was contagious, we erred on the side of caution and kept it isolated from other reptile patients while it was in the hospital.

The testing of the shell samples revealed no major fungal problem.

The tests were negative for a specific fungal infection," said Dr. Bast. "In-house

testing confirmed a bacterial infection, and we were able to choose our antibiotic treatment based on those results. Left untreated, the infection would continue to damage the shell and even spread into the bloodstream, causing infection throughout the body which could ultimately be life-threatening."
Fungal and bacterial infections occur in

many types of wildlife.

"Bacterial infections of the skin and bone happen in a variety of animals for a variety of reasons. In this case, it manifested in the terrapin's shell," said Dr. Bast. "We do not know the specific source of this terrapin's bacterial infection, but it was likely exposed to it through its environment.

The patient was closely monitored for two to three weeks at the clinic, where medical staff continued to provide supportive care. Eventually, the diamondback terrapin showed resilience and was healthy enough to be allowed back into the wild.

'This terrapin responded well to injectable antibiotics," said Dr. Bast. "Once its bloodwork showed no more evidence of infection and the shell had no more areas of unhealthy tissue cropping up, this terrapin was cleared for release."

CROW (Clinic for the Rehabilitation

of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www. crowclinic.org.☆



Groceries • Hardware • Gifts



ALSO SERVING YOU IN 2 OTHER LOCATIONS

**The Island Store** 

11500 Andy Rosse Lane, Captiva

239-312-4374

**Bailey's Marketplace at Sundial** 

1451 Middle Gulf Dr, Sanibel

239-395-6016

2477 Periwinkle Way • Sanibel, Florida • 239-558-0548 • baileys-sanibel.com • OPEN 7 DAYS 7 AM - 7 PM (due to COVID)







# THE ISLAND'S ORIGINAL SHOPPING **EXPERIENCE**

Whether you're visiting, vacationing or an island resident, Bailey's is an island tradition.

Bread has long been a staple item in kitchens and an anchor to some of our favorite meals. At Bailey's, you'll find a huge selection of freshly baked breads and rolls everyday from white and wheat, to sourdough, rye and more. Plus crusty artisan selections including French bread, hearty ciabatta, and nutty whole grain varieties. Bread from Bailey's is the greatest—anyway you slice it.



# Peak Breeding Time For Terrapins

iamondback terrapin (Malaclemys terrapin) monitoring and research are in full swing in the Sanibel-Captiva Conservation Foundation (SCCF) Wildlife and Habitat Management Department. SCCF biologists are collecting data on their distribution and abundance on Sanibel and surrounding areas.

Breeding activity is currently at its peak and female terrapins in mangrove waterways are frequently being trailed by one or more males.

"As the average air temperature increases throughout the spring, so does the breeding activity until females begin their nesting cycle in late April and beginning of May," said SCCF Wildlife and Habitat Management Director Chris Lechowicz. They will lay up to four clutches of eggs through the spring and summer months.

Terrapins are a brackish water species of turtle that lives along the coast of the eastern United States from Massachusetts to Texas. Their habitat throughout most of their range is tidal salt marsh, but on much of the west coast of Florida, as well as the Florida Keys, they primarily live in mangrove waterways.

SCCF has found that terrapins in their study areas can tolerate and thrive in water with salinities double that of sea water, which is on average around 35



Diamondback terrapin

practical salinity units (psu). Some tidal

creeks where terrapins occur on Sanibel have salinities around 70 psu, Lechowicz noted.

They have been reported in waterbodies with salinities over 100 psu in the Florida Keys. However, typically they occur in estuaries with salinities less than 30 psu and drink rainwater or water containing less than 20 psu. Terrapins that live in hypersaline areas drink rainwater as it collects at the surface of the waterbody before it mixes with the salt water.

This unique species of turtle has an interesting life history. It still is not photo provided

known exactly where hatchlings spend their first one to two years after hatch-

"We have never captured or documented a terrapin with less than about a three-inch in carapace length in a mangrove creek, lake and other waterways," Lechowicz said. "These areas are full of predators such as fiddler crabs and mangrove tree crabs, so hatchlings would have a hard time existing there.

Studies in northern states have shown hatchlings spend their first two years in terrestrial habitats with very little water. They have been documented in parking lots, hiking trails and backyards at odd

but consistent times of the year.

If you see juvenile (less than three inches) terrapins on or around Sanibel, take a picture and send your report to terrapin@sccf.org.☆

# Report Outages And View Maps

he City of Sanibel reminds all Sanibel property owners that LCEC, the electric power supplier on Sanibel, has an app for mobile devices and an online tool called SmartHub. This customer service tool provides access to view electric account information and usage history, pay bills and report power outages. SmartHub allows customers to request a call or text when power is restored or to let you know when your power usage exceeds a self-determined threshold. This is especially helpful for seasonal residents who may want to know if usage declines or spikes due to equipment failure at their location.

LCEC also provides an outage management map that can be accessed at https://www.lcec.net/reliability/ storm-center/outage-map. Customers can visit the site and view areas that are experiencing outages by zip code, region or county, and see the number of customers impacted and if a crew has been assigned.

To register, visit SmartHub on the website, www.lcec.net, or through the LCEC mobile app offered in the Apple Store or in the Android Market.









# **WE'RE OPEN!**

Breakfast 7-3, Lunch 11-3, Dinner 5-9

Providing you with enhanced safety measures

**Nightly Specials: Small Plates • Full Dinners** Home Made Soups, Salads, Fresh Fish & Seafood, Steak & Pasta. SAVE ROOM FOR OUR FABULOUS DESSERT SELECTIONS!

239.472.0303

CALL AHEAD SEATING | TAKE OUT AVAILABLE 362 PERIWINKLE WAY, SANIBEL | LIGHTHOUSECAFE.COM



# BOAR'S HEAD Dine In or Take Out 239-472-2555

www.sanibeldeli.com 2330 Palm Ridge Rd. (Across from CVS)

From page 12

#### Plant Smart

For example, dense forests of this native tree threaten the marshes and prairies of the Everglades, and thus the diverse flora and fauna that depend on

Deep roots exacerbate the situation, for the willow can outlast other species in drought. In fact, it can go dormant, conserve energy and spring back when moisture arrives.

In addition, the trees' dense shade reduces the growth of periphyton, which cleanse carbon and nutrients from the

In a home or commercial landscape, this species is a good choice for a wet location or alongside a pond, lake or

It's fast-growing and prefers full sun and moist conditions. It has low drought tolerance but will grow in nutrient-poor

Propagate it with seeds and cuttings. The bark has been used medicinally since ancient time, and the salicin compounds in it are used to make aspirin.

Sources: National Audubon Society Field Guide to Florida by Peter Alden et al.; Native Florida Plants by Robert G. Haehle and Joan Brookwell; The Shrubs and Woody Vines of Florida by Gil Nelson; https://fl.audubon.org; www. regionalconservation.org; and www.wildsouthflorida.com.

Plant Smart explores the diverse flora of South Florida.☆



Savings can mount up when using Kiwanis 2-for-1 coupons

photo provided

## Get Ready To Dine Out Ágain

submitted by Tom Sharbaugh

he traffic jams are diminishing and vaccination rates are going up. Hopes are high that we will all be able to return to old routines soon, and for many that means a return to the pleasure of dining out again. Your local Kiwanis Club is happy to assist by releasing the popular Diner's Delight 2-for-1 coupon books for 2021. With a lot of pent up demand for eating out, the books are proving to be a hot item

The Diner's Delight books are available now, and coupons are valid for use beginning Saturday, May 1. The books can be obtained for a \$40 contribution and contain coupons good at 30 different island restaurants. Coupons are good for a free entrée with the purchase of another entrée of equal or greater value. The savings for those who dine out often can be significant.

The books are available at numerous locations, including Bailey's General Store, Bank of the Islands, Sanibel Captiva Community Bank, Island Pharmacy, Pack & Ship, the Periwinkle Park office, or from any Kiwanis Club member. More information on securing a coupon book can be found at the club's website at www.sanibelkiwanis.

In addition to the savings provided to the public, the coupon books serve two

other important purposes. First, using the coupons and patronizing our local eating places shows support for our island restaurant community. Sanibel and Captiva are blessed with having a vibrant restaurant scene, and this past year has been a rough time for these establishments. Nothing says "Thanks for hanging in there" better than having the public return to patronize their businesses. Commenting on the coupon program, Sanibel-Captiva Kiwanis Cub President Bill Hay said, "Our restaurants make this community a better place, and the club is glad to do what we can to help them get back to normal."

Businesses participating in the 2021 Diner's Delight program include: Blue Giraffe, Bubble Room, Captiva House, Cielo, Crow's Nest, Doc Ford's (Sanibel and Captiva), The Dunes, Ísland Cow, Island Pizza, Jerry's Café, Joey's Custard, Lazy Flamingo (Sanibel and Santiva), Matzaluna, MudBugs, Sandollar, Sanibel Deli & Coffee Factory, Sanibel Sprout, Key Lime Bistro, RC Otter's, Sunshine Seafood, Cantina Captiva, Subway, Sunset Grill, Thistle Lodge, The Timbers, Tipsy Turtle, Traders and T2.

The other important role played by the Diner's Delight program is that all proceeds are used by the local Kiwanis Foundation to support its scholarship program for island students and its grants to programs providing education and recreation activities for local youth. The Kiwanis mission is "serving the children of the world," and here on the 

# Distillery Hosting New Product Launch Party

The newly formed Fort Myers family-based spirits company, Captiva Spirits Inc., launched an all-natural gluten free raw honey and Key lime vodka with a portion of sales proceeds to benefit Southwest Florida environmental and wildlife conservation groups.

Founded with the intent to provide local jobs for farmers, distillers and retailers, and to help preserve Southwest Florida's natural environments, Captiva Spirits will hold a formal invitation-only product launch party at Sundial Beach Resort and Spa on

Thursday, April 29 from 5 to 7 p.m.

The goal of Captiva Spirits Inc. is to capture the true essence of Southwest Florida in its distilled products. Using only natural ingredients sourced from local farmers, the company has created a unique and natural vodka.

Since its introduction in February, the Key Lime Raw Honey Vodka is now available at retailers like Sanibel Spirits, The Grog Shop and Last Chance Before Paradise Liquors, as well as restaurants including Doc Ford's-Captiva, Matzaluna, Embers, Bimini Bait Shack and LINQ. Doc Ford's-Captiva recently added the vodka to its drink menu featuring the Sunshine Mule.

For more information on the launch event, contact Rob Johnson at 236-1007. Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel.☆



www.jerrysofsanibel.com

and Collectables

Visit our collection

of live parrots in

the courtyard!

1700 Periwinkle Way • Sanibel Island, FL 33957 Phone: (239) 472-9300

#### The Green Mussel



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Perna viridis (Linnaeus, 1758) has been accidentally introduced from New Zealand to

the East Coast of the USA, part of the Caribbean Sea and the Gulf of Mexico. This species grows to about 90 mm (about 3.5 inches). The ventral ("lower") margin of the shell is straight or slightly concave, the posterior end rounded. The periostracum may be very flaky in dried shells. The shell is brown externally with green tinges at and around margins. The shell interior is nacreous, whitish or light-purple. Read more about mollusks and their shells at www,shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.☆



The Green Mussel, Perna viridis, from Captiva

photo by José H. Leal

## SCA Annual Meeting Notice

The Sanibel Community Association (SCA) annual meeting will be held on Wednesday, April 28 at 8:30 a.m. The meeting will be held in person

and virtually. The in-person meeting will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. To attend online, contact The Community House at 472-2155. If you are currently a member of SCA, email or mail your ballot survey back to The Community House.

# American Legion Post 123

Merican
Legion Post
123 is serving
barbecued ribs and
chicken from noon to
8 p.m. this Sunday,
April 25. There will
be a fish and shrimp
fry on Sunday, May
2. All are welcome.



On Tuesdays, tacos are served all day. Steak sandwiches and cheesesteak are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.

















# FRESH SEAFOOD GRILL · FULL BAR

Specializing in authentic Louisiana cuisine, fresh local seafood, tender steaks and full bar featuring hand crafted cocktails. Bring the whole family!







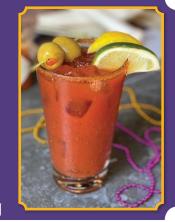
# HOME OF THE CHARGRILLED OYSTER

**Voted Best New Restaurant on the Islands!** 



Happy Hour Specials Drink & Food Specials Daily · 3-6pm Lunch & Dinner Daily · Ilam **Live Entertainment Daily · 5-9 PM** 

Available for Private Bookings · Takeout Available · Outdoor Seating



www.MudBugsSanibel.com • 239-472-2221 1473 Periwinkle Way, Sanibel







# Dogs At Work



by Allison Havill Todd

s a boy, Dustin Dariano, owner of SanCap Pak-n-Ship, always dreamed of having a dog of his own. Like many other sports fans, he had heard about the

famous University of Georgia football team's mascot named UGA. The team's English bulldog is well-known around the country and has stimulated much interest in the breed. Circumstances did not allow for Dariano to have a dog when he was a child, so the first thing he did once he was finally living on his own was to seek out a reputable breeder of English bulldogs. That was when Samie (short for Samantha) entered his life.

Before her presence, an employee of SanCap Pak-n-Ship always brought his dog to the store with him. The rest of the staff and customers were accustomed to the comforting presence of this canine, and there was an empty space to be filled when that employee moved on and there was no longer a wagging tail to greet customers. Dariano's new English bulldog puppy was a welcome addition. Nine years later, Samie is still a fixture at the shipping services store. Though she only has a nub



Samie of SanCap Pak-n-Ship

photos provided

of a tail to wag, her upside-down smile and gentle brown eyes make all who enter feel welcome.

According to Dariano, Samie took to going to work with him right away. Maybe it is because of the treats many customers stop by to give her, which has earned her the endearing nickname of "the land manatee." Dariano joked that most people don't remember his name or the name of his store, but they all remember Samie. Like other owners of affable dogs, he has learned to take a backseat to the charming personality of his furry friend. He just feels blessed to be able to have her at work with him, and she brightens the day for the entire staff. It is difficult for a customer to feel disgruntled about having to wait in line a few extra minutes when there is a comically friendly face sporting a girly pink collar peering around the side of the



Samie supervising Dustin Dariano at work

counter. Samie knows how to inject a little humor at just the right time.

As she enters her more senior years, Samie is quick to let Dariano know every morning if she wants to go to work that day or not. Generally, patrons will find her at the store helping to pack and ship their goods on Mondays, Wednesdays and Fridays. Like any other hard working employee, she deserves a few days off for good mental health.

SanCap Pak-n-Ship is located at 2422 Palm Ridge Road on Sanibel. Stop by and say hello, and try not to be disappointed if it's Samie's day off!

This is part of a series about the benefits of having dogs at work. If you have a canine companion that accompanies you to your workplace, feel free to share that with us.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @ thedoggiemom and facebook.com/thedoggiemom.





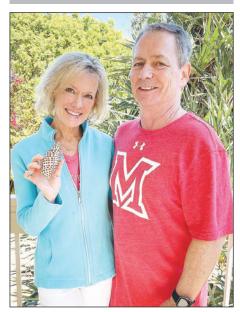
# Shells Found

TJ Hutler IV

photo provided

U Hutler IV, 6, found five alphabet cones on Sanibel during the week of April 5 between beach accesses #2 and #3. He also found all the shells on the table. TJ really got into shelling and made many friends along the way.☼

# Shell Found



Sherrie and Bill Parker

photo provided

herrie and Bill Parker from Mason, Ohio found a five-inch junonia early one morning on the beach near Nutmeg Village Condominiums on Sanibel. They were visiting Sherrie's mother, Ann Stephens. 袋

# Shell Found



Clyde Burkhardt

lyde Burkhardt of Sandy Bend Condominiums on Sanibel and Madison, Connecticut found a junonia on April 15. It was half buried

in the sand on the beach along West Gulf Drive.

Burkhardt has been searching for a junonia for 40 years.☆





#### Bananas





by Resident Chef Jarred Harris

The banana is one of the most popular fruits in America and the most popular fruit in the world. Bananas are botanically a berry and the banana plant or "tree" is considered an herb and almost the entire plant can be eaten.

The first bananas were grown about 10,000 years ago in Indonesia, the Philippines and New Guinea. The fruit made its way to Africa, India and Polynesia around 650 AD. Spanish missionaries brought bananas to the Americas during the 16th century and the fruit was soon hybridized into the banana we know today.

Hawaii is the only place in the U.S. where bananas are grown commercially and India is the largest producer of bananas worldwide.

While the fruit, stems and leaves are the most used parts of the banana plant,

the banana flower offers the most health benefits. The banana flower, also known as the "banana heart," can be eaten raw or cooked, and is used in salad, soups, stews and curries.

The banana flower contains high levels of potassium, calcium, copper and phosphorus. It also contains vitamins A, B6, C and E, and magnesium and truptophan

Ethanol based extracts of the banana flower help fight off infections and inhibit the growth of pathogenic bacteria. Other extracts of the flower help reduce blood sugar levels and reduce blood pressure.

The flowers can be found fresh or preserved in Asian or Caribbean markets.

Here is a simple recipe to try using bananas:

## Chocolate Banana and Peanut Butter Mousse

Ingredients

8 ozs. dark chocolate (70% cocoa)

2 cups coconut milk

1 cup Medjool dates (pitted)

1 ripe banana (peeled)

1/4 cup peanut butter

 $\frac{1}{2}$  tbsp. vanilla extract

4 tbsp. roasted chopped peanuts Method

Roughly chop the chocolate into small chunks and melt in the microwave.

Place the dates, vanilla and milk in a blender and blend on high until smooth.

Add in the melted chocolate, banana and peanut butter and blend until well combined. The consistency will be very runny at first, but it will set and get

denser once you let it chill in the fridge.

Divide the mousse into ramekins or jars and refrigerate for two hours or overnight.

Top with chopped peanuts.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.\*\*

# Call To Artists For Juried Exhibit At ACT Gallery

Professional and emerging artists are being sought for an open juried art exhibit for the month of July at Arts for ACT Gallery, located at 2265 First Street in downtown Fort Myers.

With a theme of Altars, Shrines, Ditty Boxes and Cabinets of Curiosities 2, the group exhibit will open on Friday, July 2. Two- or three-dimensional works in any media are acceptable. Art drop-off days are from June 25 to 28 from 11 a.m. to 4 p.m.

Artists are asked to create personal shrines, icons, sacred spaces or collections of notable objects by using shadow boxes, tins, cigar boxes, upcycled clocks and other containers, and fill them with found objects, photos, memories and treasures. Create altered art that is a personal icon, meditational or sacred.

The entry fee is \$10 for one piece, \$15 for two pieces or \$20 for three pieces. Entry fees help support ACT, the domestic violence, sexual assault and human trafficking center serving Lee County.

Art rejected must be picked up on Wednesday, June 30 between 11 a.m. and

4 p.m.

For art sales, there will be a 40 percent commission retained by Arts for ACT Gallery with proceeds benefiting the ACT shelter. Artists must pick up unsold art on Monday, August 2 from 11 a.m. to 4 p.m.

For more information or questions, contact Claudia at cgoode@actabuse.com or 337-5050 or visit www.artsforactgallery.

# Shredding Day This Saturday

The Secure Shredding truck will be on site at The Community House this Saturday, April 24 from 9 a.m. to noon. Cost is \$5 per bag or box. Call ahead if you have more than 10 bags or boxes. Businesses are welcome.

You do not have to get out of your car. Volunteers will unload bags or boxes from your car and place them in the shredding truck. Shredding will be done across the street from The Community House in the parking lot.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.\*\*

# SOCIAL DISTANCING at Gramma Dot's



Out of respect for all those within my employ and for our loyal patrons who dine with us year after year. Gramma Dots shall practice "social distancing" in the air-conditioned inside (at 50% occupancy) and outside - all servers and employees shall wear masks at all times.

-Myton Ireland

Reservations are available for social distancing outdoor dockside dining call 472-8138

Gramma Dot's at the Sanibel Marina,
"A nautical gem on a jewel
of an island"

"People's Choice Award" 7 times, Trip Advisor "5 stars" Gramma Dot's

Sanibel Marina

"Welcome Aboard"

634 N. Yachtsman Drive www.SanibelMarina.com



Ken Burgener and Ed Moser looking at the Birdwatching Kit

photos provided

# Check Out A Birdwatching Kit From The Library

anibel Public Library is open to the public and also offering contactless curbside service. To use the service, place items on hold online, or make requests by calling 472-2483. You will be notified when your items are ready.

Library cardholders can now borrow a Birding Kit with Kowa binoculars, birdwatching books and guides, and other tools to help launch an outdoor adventure. Local birdwatching guide Ken Burgener helped gather items to go in the kit; he also convinced the Kowa company to give the binoculars to the library at no cost. Jeff Bouton of Kowa American Corporation said, "One unanticipated side effect of the pandemic was unprecedented numbers of people turning to wilderness and the outdoors for recreation. At Kowa, we've always appreciated the natural world. It is a great pleasure to work with the Sanibel Public Library and make their globally-renowned local wildlife a bit more accessible to all.

Library staff also worked with the local Audubon Society to plan the contents of the kits. "Birding is great fun, year-round. We have some of the best birdwatching in the country right here," said Sanibel-Captiva Audubon Society President Phyllis Gresham.

"The library appreciates all the help we've had to launch this new service. I noticed the birds right away when I moved to Sanibel, and wanted to learn more about them. This is a great way for people to spot birds and use the bird guide to identify them," said Sanibel Public Library Executive Director Margaret Mohundro.

The library loans four Birdwatching Kits, which are circulated in backpacks.

Locals and visitors are welcome to virtually attend U.S. Civil War History Programs with Duane E. Shaffer of Sanibel Public Library. He will present Battle of Gettysburg: Day Two at 10 a.m. on Friday, April 30 via Zoom. The next two history programs will be on Fridays: May 14 and 28. More details



Duane Shaffer's Civil War memorabilia is on display this month

and login instructions are on the website at www.sanlib.org. Replays of Shaffer's history programs can be watched online as well

Sanibel Public Library has 2020 IRS Form 1040/1040 SR and its instruction booklet. These tax forms are available in limited supply. All other tax forms can be printed from the www.irs.gov website. You do not need to have a library card to use printers at the library.

Youth Services Librarian Deanna Evans posts online storytimes each week. Her videos can be found on the children's page at www.sanlib.org/

Landscape and seascape paintings by Sanibel Captiva Art League member Jim Storer are on display this month.

Duane Shaffer's collection of Civil War memorabilia is also on display near the east side glass elevator.

Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available.

Everyone in the building must wear a mask and follow social distancing practices. All materials are being quarantined between loans. During this time, library materials may appear as overdue. Do not renew the item if it has been returned. Contact the library at 472-2483 or notices@sanlib.org if you have any questions. Sanibel Public Library is located at 770 Dunlop Road.蓉





#### **Blueberry Chia Seed Pudding**

1/4 cup fresh blueberries

2-3 teaspoons of honey

1 cup unsweetened vanilla almond milk ½ teaspoon pure vanilla extract

1/3 cup of chia seeds

Pinch of cinnamon

Add the first 5 ingredients to a blender and combine for 10-15 seconds until smooth. Transfer mixture to a sealable jar and add in the chia seeds. Mix well and let sit for 5 minutes. After 5 minutes, mix the pudding one more time, then cover and place in the fridge for a minimum of 5 hours, preferably overnight. Top and serve as desired various toppings: granola, coconut shavings, fresh blueberries.



**Blueberry Chia Seed Pudding** 

photo courtesy Fresh From Florida

# FAST AND FRESH TO GO

To advertise call: 395-1213

# The Pecking Order **Old-Fashioned** Fried Chicken

Open Daily 11am to 8 or 9pm 239.472.2534

Take Out . Delivery . Catering



# BEST

2496 Palm Ridge Road, Sanibel



# Gramma Dot's

The Only Dockside Dining on Sanibel Located at the Sanibel Marina Specializing in Local Seafood We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138





#### Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner

Open Daily

Cafe 7 a.m. - 8:30 p.m. Grocery store 7 a.m. - 9 p.m. Coffee Shop 7 a.m. - 1 p.m.

CALL FOR **DAILY SPECIALS** 472-9300

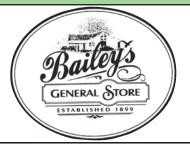


POKÉ BOWLS • SALADS **DESSERTS** • BEVERAGES **VEGAN • GF/DF OPTIONS** 

take out or outside dining

239.472.0875 sanibelspoondrift.com 🔘 f

**CALL FOR DAILY PREPARED ENTRÉES** 



#### **FULL DELI, BAKERY DAILY LUNCH SPECIALS COLD BEVERAGES**

Call us for your cookout, picnic and party needs. We'll take care of you! Corner of Periwinkle Way & Tarpon Bay Road

472-1516



Breakfast, Lunch and Dinner Lunch, Brunch and Dinner 2075 Periwinkle Place 1100 Par View Drive 2075 Periwinkle Place **(239) 472-2525** (239) 558-5634 Inside or on our Pet-Friendly Patios Call for Reservations and Takeout!

BlueGiraffeRestaurant.com





# **New Location**

2407 Periwinkle Way 239-558-4003

Open: 7 days a week 10 a.m. to 5 p.m. (Breakfast, Lunch, Dinner)

# REMEMBERING HOLLIS JEFFCOAT

MAY 13, 1952 - APRIL 28, 2018











BRILLIANT MIND EXTRAORDINARY TALENT INTREPID PAINTER GENEROUS HEART SWEETEST SOUL

## WATSON MACRAE GALLERY SANIBEL, FLORIDA

MAUREEN WATSON • 239-472-3386 WWW.WATSONMACRAEGALLERY.COM

#### The Russian

by Di Saggau



Bennett is about to marry his longtime love, Mary Catherine, but a series of gruesome murders in New York City forces him to concentrate on finding the killer. All of the victims are young women

and each is killed in a brutal distinct fashion. Bennett soon identifies similar cases in Atlanta and San Francisco, and he sends out an all-out alarm.

The reader learns that the killer is a software specialist who works for a fictitious computer firm based in Omaha. His name is Daniel Ott, and he travels around the country connecting computers and radios of companies to their central command network. When he is slighted by women, he murders them and in a gruesome manner. His dark side is hidden from his wife and two daughters back in Omaha who adore him as a family man.

While working with local detectives, Bennett and his rookie partner, Brett Hollis, get closer to finding the elusive killer, who always seems to be one step ahead of the cops. This is one sick

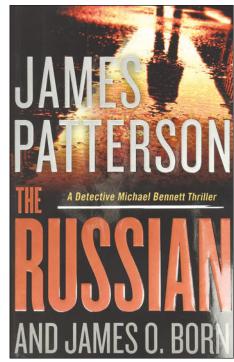


image provided

individual, and the detectives are worried about finding him.

Bennett, as many of you know, has a large family that includes not only his fiancée, but his grandfather Seamus, and 10 adopted children. He is anxious to find the killer so he can walk down the aisle as planned. You might wonder why the book is titled The Russian, but it will make sense once you finish the book.☼

BODYGUARD

**NO-SEE-UM DEFENSE** 

SOLD HERE





by Shelley M. Greggs, NCSP

Shelley, My child is really struggling with social interactions. She's 8 years old and just doesn't seem to get how to make friends or play with other

kids easily. What can I do?

Melanie K, Fort Myers

#### Melanie,

Social rules – like cooperating, taking turns, using self-control - help guide how we interact with each other. Lots of kids have trouble picking up on these "rules," and some children need extra help learning and following social rules. You can help your child learn and practice social rules. Here are a few very important rules and some suggestions to help your child understand and follow

Meeting and greeting people politely are important skills. Kids need to learn that a verbal greeting – an introduction if seeing someone for the first time and a verbal goodbye – are all part of having good social skills. A simple, "Hi, I'm Jamie or I had fun playing today, see you tomorrow" is sufficient.

As your child learns how to meet and greet easily, the next step of beginning and ending conversations can be encouraged. The components for developing good conversational skills include turn-taking while talking, maintaining eye contact, listening without interrupting and responding appropriately.

These skills require focus and paying

attention to others. Listening means to stop what one is doing and focus on what the other person is saying. Observing body language and facial expressions, and understanding what these non-verbal messages mean can really help with developing strong conversation skills.

Of course, kids need to understand some basic body language as well, like no touching, hitting or physical or verbal violence. And it's important for kids to understand personal space and stand a comfortable distance away when talking.

Here's how to help your child follow social rules. Start by breaking down social rules in ways your child can understand and practice. Role-playing games are a good way to model behavior and help your child practice responding to different social situations. For the role-playing, think of the most common social situations your child might be involved in like lunchtime at school, a birthday party, a family dinner, playing outside with neighbors, and go from there. Role-play all kinds of interactions, from how to talk to a relative to greeting a friend during

You can also watch your child's favorite movie or TV show to focus on reading body language and other nonverbal cues. Turn on the program and turn off the sound, freeze the screen and talk about what you see. Let your child

describe to you what she's seeing. Then do it again and again. Kids really enjoy this activity and often it leads to lots of

Make sure to praise your child for successful social interactions, too. You will need to give very specific and positive feedback. For example, if your child has just met someone new, tell them that you thought they did a great job, saying hello and introducing themselves. Restate the skill you saw your child doing well. This type of praise can reinforce the behaviors you want your child to repeat. With practice and support, your child can get better at following social rules.

Visit the following two websites for extra information, free printable worksheets and suggestions on how you can help your child improve their social

skills:

www.thoughtco.com/ social-skills-worksheets-3111032 www.education.com/worksheets/ social-skills

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www. 

# Poetry Corner

by Jim Weyant

#### For Which It Stands

They built the first railroads that opened this great land. Defended their new country and that for which it stands.

From the start fully embraced America to be their new home. Were extraordinarily industrious education their stepping stone.

Their ever arduous assimilation with a built in bias 'twas systemic took an abrupt turn for the worst upon arrival of a covid pandemic.

Spurious tales of a virulent virus full of lies and malevolent content, to provoke extreme harassment of our Americans of Asian descent.

This proud and innocent citizenry, now preyed on by misguided fools, full of hate and in need of a target. Evil men having provided the tools.

It would set us all in good standing if we put an end to this vile quagmire. To show victimized fellow Americans it's still the land to which they aspire.

Jim Weyant and wife Helene have been island residents for over 20 years. Prior to retirement, Weyant was a system analyst at the New York Stock Éxchange. Śince then, he has kept busy with tennis, volunteer work, photography, graphic art and reading. His recently published book, Poems From Paradise and Beyond, is available on Amazon and at local bookstores.☆



Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm

2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com

**BIG ARTS Documentary Series** 

# The Dissapearance Of My Mother

by Di Saggau

n Wednesday, April 28, the final film in the BIG ARTS critically acclaimed Documentary Series is The Disappearance of My Mother. The film runs one hour, 36 minutes and will be shown in Christensen Performance Hall at 12:30 p.m. After the movie, I will lead a discussion in the theater.

The film is based on a son's view of a model parent. Benedetta Barzini, couture star and cultural critic, reluctantly faces her son's camera in a tender and harsh documentary. Near the end of the film, she says, "I hate memory." In spite of her aversion to nostalgia, her son, Benjamino Barrese, manages to smuggle in some material from her past. She was the first Italian model to appear on the cover of American Vogue. Barzini, now 77, was photographed by the likes of Irving Penn and Richard Avedon. In the 1960s, in New York, she was close to Salvador Dali and Andy Warhol. Later in Italy, she was a journalist and educator and a leading feminist voice, a critic of how the media and fashion industries manipulate women's bodies and experiences.

Now she is hostile to photography, to cinema, to images of every kind, arguing that they distort and "freeze" experience.



image provided

She barks at her son and even throws him out of her Milan apartment. It's easy to sympathize with the filmmaker. He clearly adores his mother and respects her wishes to find peace, but he obviously wants her to stay around for a while longer.

Tickets are \$10 in advance or on the day of the film. Stop by BIG ARTS, 900 Dunlop Road or visit www.bigarts.org.

Di Saggau is a member of the BIG ARTS Film Series Committee, past president of the Film Society of Southwest Florida, and feature writer for the Island Sun and River Weekly News. \$

**BIG ARTS Monday Night Film Series** The Glorias

by Di Saggau

he BIG ARTS Monday Night Movie for April 26 is *The Glorias*, a visual treat from director Julie Taymor. It's the story of Gloria Steinem from her childhood in 1940s Ohio to her leading role in the women's liberation movement. Four different actresses play her long and significant life as veteran journalist and activist, and now and then they have conversations with each other. Julianne Moore gets most of the screen time portraying Steinem from her "Ms. Magazine" years and beyond. She radiates both indignant idealism and world-weary wisdom. The younger Steinem, from her time at Smith College through her travels in India and her groundbreaking Playboy bunny article, is played by Alicia Vikander. Little Gloria is Ryan Kiera Armstrong and teenage Gloria is Lulu Wilson.

What's notable in The Glorias is the way it reveals how each person and experience throughout her life shaped her sense of purpose. A topic that comes up throughout the movie is Steinem's choice to remain single. We see men ask her why she isn't married in a series of interviews, and she bristles. When she marries at 66, we wonder who is this person who changed her mind. He's David Bale, entrepreneur and environmental activist, and father of Christian Bale.

Another larger than life feminist figure is Bella Abzug, played by none other than



image provided

Bette Midler. She and others are scene stealers in entertaining roles. And Steinem is still with us, still fighting at age 86. What she has to say is just as relevant now as it was 50 years ago. The film runs 139 minutes and will be shown in Christensen Performance Hall. Tickets are \$10 and can be purchased online at www.bigarts. org or at the box office, located at 900 Dunlop Road on Sanibel. There will be no discussion following the film.

Visitors are required to wear masks and be mindful of social distancing.☼



Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredents. And be sure to check out our new bar room addition featuring small plates and yummy drinks. To learn more,

CIELO

visit cielo-sanibel.com

1244 Periwinkle Way, Sanibel Island Call 239-472-5555

# Premier | Sotheby's

Thanks to our valued customers and talented team of professionals, we are proud to announce

# \$7.1 Billion in Total Company Sales Volume for 2020



**1761 Venus Drive**Burns Family 239.4
\$1,995,000

239.464.2984



11371 Compass Point Drive Russ Crutchfield 239.560.2742



**2929 West Gulf Drive #102**Burns Family 239.464.2984
\$1.498.000



CAPTIVA 14865 Mango Court

Burns Family 239.464.2984 \$1,195,000



**11530 Paige Court** Stephanie Bissett 239.292.3707 \$4.600.000



**310 Useppa Island**Brian McColgan 239.410.7850 \$2,500,000



**15221 Captiva Drive #4A**Burns Family 239.464.2984
\$1.100.000



**1341 Middle Gulf Drive #4D**Burns Family 239.464.2984
\$1,050,000



**979 East Gulf Drive #523**Burns Family 239.464.2984
\$945.000



**1020 Bayview Drive** Burns Family 239.464.2984 \$4.595.000



**950 Victoria Way**Burns Family 239.464.2984
\$2,250,000



**11549 Wightman Lane**Burns Family 239.464.2984
\$3,395,000



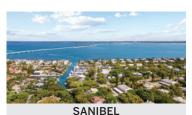
**15155 Wiles Drive**Burns Family 239.464.2984
\$1,975,000



**14865 Captiva Drive**Burns Family 239.464.2984
\$1,699,000



**1560 Royal Poinciana Drive**Burns Family 239.464.2984
\$899,000



**1084 South Yachtsman Drive**Burns Family 239.464.2984
\$699,000

Visit or call us for a private consultation ListWithUsToday.com | 877.539.9865

SANIBEL | 239.472.2735

CAPTIVA | 239.395.5847

# BURNS family TEAM







#### 1. REMODELED IN VICTORIA COVE EAST END - SANIBEL

- 4 BR +den/ 4 bath home on Sanibel's East end, steps to the beach with private boat dock & 16k lift.
- Gorgeously remodeled, large porches, private pool & spa, top floor master with sundeck and Gulf views
- · \$2,250,000 EURO 1,891,630

#### 2. GULF VIEWS AT LOGGERHEAD CAY - SANIBEL

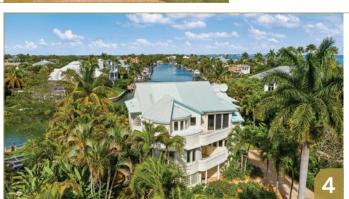
- Enjoy your 2 BR/ 2BA condo with vaulted ceilings, situated 1 back from the Gulf with incredible views from the corner lanai
- Pet friendly community offers large pool, tennis, shuffleboard, and weekly rentals-great for families & investors
- · \$945,000 EURO 777,541

#### 3. DIRECT ACCESS CANAL HOME WITH PRIVATE DOCK

- 3 BR/ 2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking canal
- · \$899,000 EURO 740,301

#### 4. 4 BEDROOM HOME ON INTERSECTING **CANAL - SANIBEL**

- 4 BR/3 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including a rooftop deck with long Bay views.
- \$1,995,000 EURO 1,693,620













#### 5. GULF VIEWS AT ATRIUM - SANIBEL

- 2 bedroom/2 bathroom + den corner condo off West Gulf Drive
- Impact sliders, wrap around lanai, covered parking, community pool, beach access, and more!
- · \$1,498,000 EURO 1,259,369

#### 6.1 BACK FROM THE GULF AT SUNSET SOUTH - SANIBEL

- 2 BR/2BA bright and airy condo with stunning Gulf views and a glass enclosed lanai
- Private garage, washer/dryer in unit & offered furnished. Beach access and community pool
- · \$1,050,000 EURO 888,076

#### 7. BAYFRONT HOME ON SANIBEL

- 5 bedrooms, each with an en-suite bathroom, powder bath, office, & boasts over 4,300sqft with private beach overlooking the Bay
- 2 story ceilings, chef's kitchen, fireplace, private elevator, Bayfront resort style pool w/ spa & summer kitchen
- \$4,595,000 EURO 3,887,445





Premier | Sotheby's

LiveSanibel.com | 239.851.2696 LiveCaptiva.com | 239.464.2984

Your Local Experts with a Global Reach.

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate

# Report On Global Stock Markets And Economy



by Ian N. Breusch, CFA, Chief Investment Officer

lobal stock markets moved modestly higher during the first quarter of 2021. It is no secret that stock markets have performed

exceedingly well amidst unparalleled economic disruption due to COVID-19. Although we recognize stock markets are forward looking, it is reasonable to question if markets have moved too high too quickly. However, corporate results from the fourth quarter earnings season helped assuage concerns regarding the broader stock market. In fact, more than 80 percent of companies within the S&P 500 beat analysts' expectations for the quarter a healthy sign as we continue to work our way out of the current recession.

The size and scale of monetary and fiscal support from the Federal Reserve and Congress in response to the global pandemic has been unparalleled. In March 2020, the federal funds rate was lowered to 0 percent at the earliest sign of economic distress. Coupled with an aggressive bond buying program, the Fed has provided ample liquidity to banks, businesses and consumers. At the same time, Congress quickly passed its first fiscal support package in response to COVID-19 known as The CARES Act, a \$2.2 trillion stimulus bill. More recently, additional legislation known as The American Rescue Plan of 2021 was also signed into law, ensuring an additional \$1.9 trillion would be injected into the U.S. economy. Other countries around the world have also instituted their

own accommodative economic policies. There are certainly longer-term concerns regarding the amount of debt-financed spending we are witnessing. However, for the foreseeable future, we expect these policies to be extremely stimulative to the broader economy, and by extension capital markets.

Millions of people across the world are being vaccinated for COVID-19. As we move closer every day to a more normal economy, we are seeing longer-term interest rates move higher as expectations for economic growth and inflation increase. Given that the Fed is doing everything in its power to manufacture inflation, we are not overly concerned about a broad-based rise in prices. We believe some amount of inflation is almost inevitable given the amount of stimulus we are experiencing. However, the Fed has ample capacity to subdue inflation if it becomes unwieldy in the short term. If an allocation to bonds is appropriate given your individual goals, we are favoring shorter-term bonds due to the uncertainty around the future of interest rates globally. Inflationary periods can be a net positive for stock markets given that they typically coincide with a rapidly growing economy. In fact, real GDP growth forecasts for the next two years are well above historical averages before they return to more normalized levels in 2023.

We are beginning to see signs that leadership across stock markets is beginning to broaden beyond technologyrelated companies profiting directly from the pandemic and the stay-at-home/ work-at-home environment. However, speculation remains rampant in some areas of the stock market and we encourage investors to stay away from companies that have little to no sales or earnings to support their current stock prices. Expectations for a global reopening are causing interest rates to move higher, making it more difficult for investors to justify lofty stock prices with little fundamental underpinning. Conversely, value/dividend-paying companies that trade at more reasonable valuation levels are beginning to perform well. While we

own many growth/tech stocks in client portfolios (assuming we can justify their stock prices), we believe it makes sense for our clients to have a mix of both growth and value stocks that are reasonably well diversified across various sectors of the economy. We remain confident we can find great companies for our clients' portfolios regardless of what the market favors at a particular point in time.

This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.☆

#### **COTI Elects** Directors, Officers

ommittee of the Islands (COTI) held its annual membership meeting via Zoom video on March 20 and elected Edward Holden to a first term and Peter Walcott to a second term as directors. Returning directors are Christine Andrews, Larry Schopp, Barbara Joy Cooley, Chet Sadler, Maryann Bell, Carol Gestwicki and Jon Gustafson.

At its regular meeting on April 12, the organization's board elected the following officers - President Larry Schopp, Vice President Christine Andrews, Secretary Peter Walcott and Treasurer Chet Sadler. In addition to serving as president, Schopp will continue to chair the organization's Land Use Policy Committee while Andrews will remain responsible for managing the website and systems.

COTI is a Florida nonprofit corporation that was founded in 1975 by some of the same people who helped incorporate Sanibel as an independent, self governing city. Its mission then and now has been to ensure the continuity of good local government, protect the environment and preserve the sanctuary character of the barrier island community. Standing committees include city governance,

environment, transportation, land use policy, resiliency and technology. Membership is open to the public and new members are always welcome. Visit www. coti.org which provides an opportunity to join COTI online.☆

# 'Ding' Darling Seeks Student For Summer Program

he JN "Ding" Darling National Wildlife Refuge on Sanibel is hiring one high school student for its annual Youth Conservation Corps (YCC) summer program. The refuge is hiring this student to assist with maintenance and

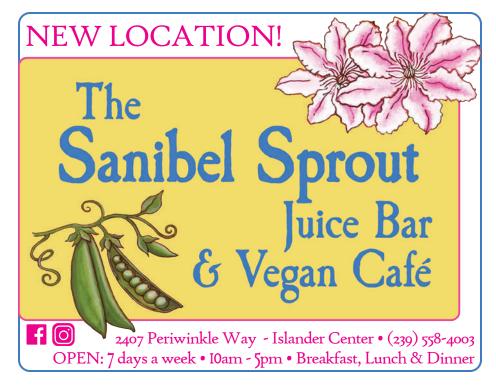
administrative support.

The YCC program targets young men and women, ages 15 to 18, to provide them with a valuable work-earn-learn experience. The incumbent is required to work a minimum of eight weeks between June and September 2021. Maintenance duties will include upkeep of facilities and care of recreation trails, including removal of invasive plants. This work will primarily be completed outdoors, with exposure to heat, humidity and insects. Administrative support duties may include, but not be limited to, answering phones, filing paperwork, organizing office supplies and entering data. The student will have the opportunity to attend educational field trips to local environmental venues. No prior work experience is required.

It is recommended that any summer camps and family vacations be scheduled outside this eight-week time frame. Reliable transportation is required. Sanibel toll is paid by the participant.

Compensation is \$9 per hour. Work hours are 7:30 a.m. to 4 p.m. with a 30-minute lunch break; refrigerator and microwave available.

Applications may be acquired from Erin Myers at erin\_myers@fws.gov. Completed applications must be received by Erin Myers no later than 4 p.m. on Monday, May 3. Late applications will not be accepted.☆







# KINGFISHER



# VOTED BEST REAL ESTATE AGENCY ON THE ISLANDS



























1349 Bay Dr. | \$7,395,000 Call Valerie



11551 Paige Ct. | \$6,495,000 Call Phaidra



4601 Rue Belle Mer | \$3.395.000 Call Robyn



11520 Murmond | \$1,999,999 Call Valerie



3010 W Gulf Dr | \$1,299,000 Call Robyn



2755 Wulfert Rd | \$1,098,000 Call Phaidra or Mary



605 Donax St 102 | \$930,000 Call KC



1440 Middle Gulf Dr 1D | \$569,500 Call Robyn or Phaidra



805 E Gulf Dr H6 | \$360,000 Call Bill of Phaidra



2438 Wulfert Rd | \$339,000 Call Phaidra



15051 Punta Rassa 544 | \$99,000 Call Trisha or Phaidra

KINGFISHER REAL ESTATE, INC.

KingfisherRealEstate.com

239-472-4411

2402 Palm Ridge Rd Sanibel, FL



Your family's financial well-being and peace of mind is at the core of every decision we make.

At \$3 Billion of assets under management, we are Florida's largest independent trust company caring for clients since 2001.

If you are not already a member of The Trust Company family, we invite you to

Discover the Difference.



PRIVATE WEALTH MANAGEMENT

Trust & Estate Services | Investment Management Family Office Services

2460 Palm Ridge Road | Sanibel, FL 33957 239.472.8300 | sancaptrustco.com

Not FDIC Insured | No Guarantee | May Lose Value

## Paper Receipts Can Be Harmful To Your Health

submitted by Jean Chanáler

rotect not only yourself but all the workers who work with cash register receipts by informing employers that the type of paper commonly used has



ink containing a toxic chemical that easily rubs off. To test whether it is the thermal type, scratch the printed side of the paper. If you see a dark mark, it is not phenol-free.

The chemical found in thermal receipts is bisphenol A (BPA) or BPS, also found in plastics (especially ones with number 3 and 7 recycling codes, including the hard plastic water bottles) and the lining of cans containing food. Hundreds of studies, including more than 50 in humans, have linked this family of chemicals to an increased risk of breast and prostate cancers, cardiovascular disease, and reproductive and brain

development abnormalities.

One expert wrote: "There's more BPA in a single thermal paper receipt than the total amount that would leach out from a polycarbonate water bottle used for many years." Moreover, the BPA from thermal paper is absorbed directly into the bloodstream through the skin with brief contact.

Even if you're not a cashier, you still may be getting more BPA/BPS exposure than you realize because thermal paper is also used in airline boarding passes and luggage tags, tickets for trains, movies, sporting events and amusement parks, labels on prescription bottles or packaged

supermarket items such as deli meats and cheeses, fax paper, lottery tickets and even library slips.

How to reduce your exposure to BPA or BPS coated receipts?

Decline to take paper receipts and opt instead to have your receipt emailed to you. If you can, use your smart phone to take pictures of plane and train tickets.

If you're not given a choice and you really need the receipt, wear nitrile gloves, fold the receipt with the printed side in, and use a sealed plastic bag to store receipts you need to keep rather than carrying them loose in your wallet, purse or shopping bag. The coating can just as easily rub off on other items and when you handle those, you'll be picking up the BPA.

Wash your hands as soon as possible after touching receipts, especially before cooking or eating food. Use soap and water rather than alcohol-based hand sanitizers, which increase the skin's ability to absorb BPA/BPS, as do lotions or sunscreen – anything wet and greasy.

Better yet, participate in Green America's "Skip the Slip" campaign to ask businesses and other institutions to use phenol-free receipt paper and to reduce the waste of paper receipts by offering a digital option. Sample letters are available on the www.sanibelucc. org website under More, then Learn and Volunteer, then Skip the Slip. For more information, contact jeanchandler2@

gmail.com.

Jean Chandler is the leader of
Green Teams at Sanibel Congregational United Church of Christ and Bat Yam Temple of the Islands, and at Shell Point, but the views expressed in this article are her own. She is also a member of Together – A Way Forward, an interfaith organization comprised of religious congregations of Sanibel and Captiva. The organization's purpose is to inspire people of faith and spirit to demonstrate leadership in responding to the global environmental crisis.

From page 1

#### Lake Releases

season and is often cut off from beneficial flows during the dry season. This has resulted in wide-ranging damage to the estuary and its ecosystems, including impacts to freshwater tape grass, oysters and sea grasses that depend on a balance of fresh and saltwater.

The Comprehensive Everglades Restoration Plan (CERP) is the roadmap to restoring the ecosystem damage caused by the C&SF Project. The goal of CERP is to restore the quality, quantity, timing, and distribution of freshwater flows to the Everglades and Florida Bay and the northern estuaries of the Caloosahatchee and St. Lucie. The plan relies on massive infrastructure projects to store, treat and convey freshwater to the Everglades and reduce damaging discharges to the

northern estuaries.
While we wait for Everglades restoration to be completed, we have the opportunity to better balance the needs of our natural systems through development of the new lake regulation schedule. LOSOM is not designed to solve all our water management issues - although some stakeholders are using LOSOM to push for near-perfect water management conditions without the infrastructure to support such a request.

The Army Corps of Engineers and the South Florida Water Management District will need to make challenging decisions about how best to balance the needs of the system. It is unacceptable to continue to operate the system to benefit private landowners at the expense of our public resources.

During the LOSOM process, we need our West Coast stakeholders to be engaged and support plans that reduce the damaging, high-flow discharges to the Caloosahatchee while providing beneficial flows during the dry season. We also need to support plans that protect the other natural systems that we depend on by maintaining water levels in Lake Okeechobee that maintain a healthy ecosystem and deliver dry season flows to the Everglades. This can only be achieved by all stakeholders recognizing the need for truly balancing the needs of the entire

James Evans is the environmental policy director for Sanibel-Captiva Conservation Foundation (SCCF).☆



# TO OUR SPONSORS &

Thank you to EVERYONE who supported CHR's "Manatee Madness" fundraiser this year! All proceeds raised went to to help fulfill our mission to provide affordable housing for families and individuals who work on and who serve our island community.

#### PRESENTING SPONSOR



#### MANATEE SPONSORS



























#### Tree Tops Center











#### **MAGAZINE SPONSOR**

#### FRIENDS OF CHR

Bill & Shelley Greggs Peter & Sue Danford

#### **MANATEE MADNESS ARTISTS**

**Danielle Branchaud** 

Cath Branwood Ginny Dickinson

Tim Finfrock & Melinda Maugans

Anita Force Marshall & Bob Marshall



Kristina **Jackson**  Cheryl Logan Taryn Manning

Rena **Martinson**  Kym Mason



Lacy McClary

Marianne

Jim & Patty Sprankle

Joan Tangren Reynolds

**Brian** Weaver Peter Zell

Community Housing and Resources (CHR) 239-472-1189 | www.sanibelchr.org | 2401 Library Way Sanibel, FL 33957

## Is Your Home Lacking Character?



by Linda Coin

You likely want your home to be welcoming, cozy and tidy for when you host your friends and family. However, we also want our property to be distinctly our own. If you feel like

your home is lacking some character, here are a few easy things you can do to instantly boost your space's integrity:

Small changes can make a big difference when it comes to adding character to your home. Switch out your generic hardware and lighting fixtures for some that match your personal style. Changing your chrome cabinet handles to a copper or one of the new aged or satin finishes to coordinate with your kitchen can be an eye-catching addition. Similarly, a chandelier or large, modern lighting fixture in your dining or living room can be both the focal point of the room and be functional.

When was the last time you noticed your trim? This feature of your home is

often overlooked, but giving it a fresh coat of paint can do wonders for any room. If the trim is still natural wood, consider painting it a fresh white for a clean look that will outline your walls and any decor. On the other hand, if you want your walls to appear more spacious, you may want to color the trim the same hue as the rest of the room. This is a relatively small project that can be completed in a day but immediately transform your room.

Another creative way to add some more aesthetic in your home is to opt for unique wall or ceiling treatments. Coastal shiplap and textured wallpaper are great additions to any room, whether it be on an accent wall or encompassing the entire perimeter of the space. Ceiling treatments are a popular way to add some extra integrity to your home. Instead of a simply white ceiling, try shiplap on top or even a medallion to bring attention to a light feature or certain architectural design.

The windows are always an interesting feature of your home because they can be viewed from both the inside and out. Instead of having plain drapes or flimsy curtains, get creative with your window treatment to really make a statement. Curtains and drapes come in a variety of colors, patterns, textures and materials that can add charm to your living spaces and look elegant from the street. Layered treatments offer both privacy and light control in a decorative way and they have become widely available at all

price points.

Finally, don't forget to spruce up the exterior of your home as well. Painting the exterior trim, updating landscaping and adding shutters are all great ways to have your personality shine through and add curb appeal. By adding some of these extra touches, your property will stand out from the others on the block and guests will always know which home is yours. The outside of your home is one of the first things guests and passers-by see, so it's important to add extra flare out there as well

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.☆

# Continental Women's Club

The Continental Women's Club will hold a luncheon meeting at The Hideaway Country Club on Thursday, May 6 at 11:30 a.m.

The program this month will include the installation of the club's new officers for 2021-22, recognition of the past presidents and a May Day Hat contest. Tables are socially distanced and masks are required. Cost to attend the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information, call Liz Paul at 691-7561.

## Republicans To Hear From School Board Member

The Sanibel-Captiva Republican Caucus will hold its next meeting on Saturday, April 24 at 10 a.m. at The Community House.

Chris Patricca, vice chair of the Lee County School Board, is the featured speaker. She will discuss



Chris Patricca

how the board coped with school issues during a challenging year.

Patricca holds a juris doctorate degree from Seton Hall University and has been a professor at the State University of New York. She is a staff attorney for The Ayco Company, LP, a division of Goldman Sachs. She is adjunct professor at Florida Gulf Coast University. She also serves as Lee County School Board liaison to the finance advisory committee.

The Community House is located at 2173 Periwinkle Way on Sanibel. The public is welcome. Coffee will be served. For more information, contact Will Smith at 395-0819.\*\*

#### Pointe Santo #C43 2445 West Gulf Dr



#### White Sands #23 2311 West Gulf Dr



#### 1894 Farm Trail in Island Woods



#### To buy or sell, call The SanibelSusan Team





Susan Andrews, Realtor, Broker/Owner



David
Anderson
Realtor,
Closing
Coordinator



Lisa Murty Realtor



Elise Carnes Listing Coordinator, Notary

No one's better qualified to handle your real estate needs than your neighbors!

# We ARE your REALTORS®



#### **15261 CAPTIVA DRIVE**



#### **MODERN BAY ESTATE**

- 4 BR, 4.5 BA, Furnished Estate 5,690 + SF under air
- Open Concept, Amazing Chef's kitchen, Master Retreat w/ Coffee bar
- Heated Pool/Spa, Deep-water dock/lift & Private Beach \$11,499,000

#### 14040 SCHULTZ ROAD



#### **MODERN RIVERFRONT ESTATE**

- 6 BR, 5.5 BA, Over 6,700 SF of Living, w/ lots of Deck Space
- Stunning New Kitchen & Baths, Sparkly Chandeliers, **Amazing Spiral Staircase**
- Waterfront Pool & Spa, Deep Water Boat Basin & Dock \$7,900,000

#### 11559 LAIKA LANE



#### MODERN, ICONIC, BEACHFRONT ESTATE

- Two Master Suites & Additional Guest Areas, 5,000 SF
- Balconies w/ Breathtaking Panoramic Gulf views
- An Awesome Investment Opportunity for Vacation Rentals!

\$7,800,000

#### **1240 COCONUT DRIVE**



#### **LUXURIOUS & UNPARALLELED**

- 7 BR, 8.3 BA Estate, 2 Offices, Gym, Guest House, 10 490 SF
- Over 2 ACRES of Prime Waterfront, Private beach
- 65 Gallon Pool/Spa, Huge Lanai, Docks/Lifts

\$15,950,000

#### **15867 CAPTIVA DRIVE**



#### **GULF TO BAY ESTATE**

- RARE OPPORTUNITY! Beautiful 3 BR, 3 BR, Open Concept, 4,000 SF
- Spacious Guest Cottage! 3 BR, 3 BA, Open Concept 1,257 SF
- Panoramic Gulf & Bay Views from both homes, Great Rental Income Potential!

\$12,700,000

#### 17891-17901 OWL CREEK DRIVE



#### **30- ACRES RIVERFRONT ESTATE**

- 7 BR, 5.5 BA, Modern Estate, Awesome Water Views
- Spacious, 6.585 SF. + 2 BR Caretakers Home
- Accommodates 100' Yacht, & smaller vessel/toys

#### 15138 WILES DRIVE



#### **CAPTIVA BEACH FRONT**

- 102 Feet of Premier Gulf Frontage, Rental Income
- Comfort Meets Luxury, 6 BR 5.5 BA, 4,611 SF
- Private Oasis, Huge Deck space, Pool, & Putting Green \$6,195,000

#### 14000 SCHULTZ ROAD



#### **MCGREGOR RIVERFRONT LOTS 3+4**

- Nearly 1 Acre Buildable lot w/ 100 FT of Water Frontage
- Dock Plans to Accommodate a 100 FT Yacht
- Exclusive, Private, Gated Community of only 4 home sites
- \$2,400,000 (EACH)



FOR PROPERTIES OF PRESTIGE & PREFERENCE

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers | | | | | | | | |





## Charitable Foundation Adds **Board Members**

he Charitable Foundation of the Islands (CFI) appointed Susan Boren and Jeff Muddell to its board

Boren is a former partner and member of Spencer Stuart's board and CEO practices. Until she retired in 2015, Boren led the firm's North American Board Effectiveness advisory services, providing governance expertise to clients whose boards were undergoing significant transition in size, composition and leadership. Today, Boren consults with boards on these same issues through her own firm, Trillium Advisors LLC.

Before joining Spencer Stuart, Boren was president of her own consulting company, where she advised CEOs and boards of directors in the areas of leadership and governance. For 15 years, she was a senior executive with Target orporation.

Boren co-founded the Dorobo Fund for Tanzania, a charitable foundation that supports education and leadership development in Africa. She is a director of Direct Impact Africa, an organization working with villages in Zambia on sustainable farming, education and women's empowerment. She also serves as a director of NatureBridge, an organization providing experiential environmental science education programs for students in the nation's national parks. Boren serves as the active lifetime

www.SanibelAir.com • cooling@sanibelair.com





Susan Boren Jeff Muddell

director of Minnesota Public Radio. She received a bachelor of arts degree from Antioch College and a master's in business administration in finance from the University of Dayton.

"I have known Susan for many years. She is well-respected and valued for her expertise in leadership. She will be instrumental in building and supporting the mission of CFI," said Virginia Stringer co-chair of the CFI board.

'Susan is a welcome addition to our board. With her vast knowledge in leadership and governance, she will be key in helping CFI to develop new and exciting programs supporting the islands," said Chip Roach, co-chair of the CFI board.

Muddell and his family have been Sanibel residents since 2017. He joined The Sanibel Captiva Trust Company in 2019 as senior vice president and wealth services advisor after 12 years in nonprofit management and philanthropy, primarily in the healthcare sector. Most recently, he served as system director of gift planning for the Lee Health Foundation in Fort Myers, where he led strategic planning

LIC # EC-0001761 LIC # CAC-057364

and management of the organization's fundraising initiatives.

Before arriving on Sanibel, Muddell spent 18 years in the Orlando area where he led fundraising efforts at Orlando Health Foundation, served as vice president at Pace Center for Girls, and worked as a senior fundraising consultant at Winkler Group. He has worked in support of dozens of nonprofit organizations throughout his career, both professionally and on a volunteer basis.

Muddell holds a master's in business administration from the University of Florida's Warrington School of Business and is in the process of earning his certified financial planner (CFP) designation. He earned his bachelor's degree in communications from the University of Miami and began his professional career in broadcasting and journalism.

We are thrilled to have Jeff as a new member of the CFI board. His experience and longstanding work in the nonprofit sector make him an invaluable part of the team," said Stringer.

"Jeff's financial knowledge and involvement with The Sanibel Captiva Trust Company will help guide the mission and goals of CFI and move us into a viable position to serve the community we all care about," said Roach. な

#### City Urges Water Conservation

he South Florida Water Management District Governing Board has declared April to be Water Conservation Month. April is normally the last month of South Florida's dry season

and when water needs are most acute.

Over the next 20 years, demand for water in South Florida is projected to increase by 15 percent annually. Locally, Island Water Association has reported water consumption data is beginning to far exceed historical trendline projections; the data suggests increased usage may be attributed to a large escalation in turf and landscape irrigation. These current and projected demands could be reduced by using water more efficiently through conservation measures.

One of the biggest commitments residents and property owners can make to conserve water is to properly manage irrigation. To help conserve water on Sanibel and protect freshwater resources, Sanibel City Council adopted Water Conservation Ordinance No. 20-001 (effective September 18, 2020), which reflects the water management district's mandatory year-round landscape irrigation conservation measures. Established South

Florida yards normally only need to be irrigated up to twice per week, so the water conservation ordinance permits irrigation two days per week (based upon your property address; odd addresses on Mondays and Thursdays and even addresses on Tuesdays and Fridays). To help prevent water loss through evapotranspiration, which occurs at a higher rate during the hottest parts of the day, irrigation is not permitted between the hours of 9 a.m. and 5 p.m.

Residents and property owners should also consider installing low-flow sprinkler heads on new and existing systems. Low-flow sprinkler heads spray less water but operate for a longer period. This provides irrigation water the opportunity to properly absorb into the soil. Low-flow sprinkler heads use less water while delivering water to plant roots more effectively. This option allows homeowners to save money while being environmentally friendly.

Another simple way to reduce irrigation demand is to select native plants for your landscape. Since native plants are adapted to the local climate and environment, they require little to no irrigation or fertilizer while also providing excellent habitat and forage for wildlife such as birds and butterflies. Consider replacing turf grass with native groundcovers to lessen the need for irrigation.

Citizens of Sanibel can take simple measures to ensure everyone has access to safe and affordable potable water. To learn more, visit https://www.sfwmd.gov/newsevents/news/sfwmd-governing-boarddeclares-april-water-conservation-month.

From page 1

#### Cuttlefish Exhibit

prey of mysids, small shrimp-like

Unlike other cephalopods, flamboyant cuttlefish are very active during the day. They can not swim very far, so they use their arms to "crawl" along the ocean floor. Rather than swim away when they are threatened, they will display a variety of colors to startle their prey, warning them that they are toxic.

The flamboyant cuttlefish are on display in the Cephalopod Gallery and can be found in a small "crib" within the exhibit. The use of the crib is so the aquarists can keep a close eye on them, to ensure that all are eating. Once they are large enough, they will be released into the permanent exhibit.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open daily from 10 a.m. to 5. p.m. For more information, visit www.shellmuseum.org.\$



#### Thomas R. Louwers, MST Tax Consulting & Accounting Services

Serving the Islands since 1978 has Affiliated with

#### BriersCPA, P. A. **Certified Public Accountants**

Auditing, Bookkeeping, Tax & Consulting Services 1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957 • (239) 472-5152



# Today is the day to live your beautifulife



#### 3767 West Gulf Dr., Sanibel

- · Newer construction. Beautifully interior decorated
- · Wine Cellar. Elevator. Game Room.
- · Panoramic Beach views. Private Pool and Spa
- · Fully Furnished. Turn key

#### \$7,995,000



#### 17201 Captiva Dr., Captiva

- · Captiva Beach & Bay.
- · Magnificent Old World Ambiance.
- · 4/5 Bdrms. Pool. Premier Boating & Dockage.
- · Spectacular water vistas & location. Sunsets and Sunrises daily.

#### \$5.650.000



- The Fish House. 3+/- Acres
- Prominent + successful Sanibel Island restaurant
- · 200" + Sanibel River & Periwinkle Way frontage
- New Outdoor Seating Area

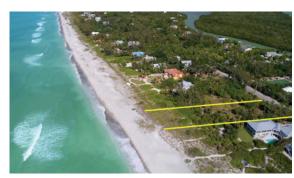
#### \$4.950.000



#### 1306 Seaspray Lane, Sanibel

- Gorgeous & exclusive gulf front estate residence
- · 5 Bdrms/5 Baths. Private Pool
- · New roof. Impact Windows and Doors
- · Beautifully decorated. Private community w/tennis.

#### \$4,295,000



#### 16970 Captiva Dr., Captiva

- Prime Location on Captiva Gold Coast.
- · 100' of Beach Frontage
- · Western Exposure Direct Sunset Views.
- · Live the Island dream.

\$3,995,000



#### 1044 Whisperwood Way, Sanibel

- Exclusive lake front community of 6 homes
- · 4 bedrms & 4.5 baths. Pool and Spa
- 4300 living sq'. Elevator. Office
- · Newer roof and impact windows

\$1,995,000



Spotlight Properties of the Week

From Beach to Bay + Everything In-Between

TREVORNETTE.COM

Trevor@ TrevorNette.com 239.281.4435

#### Rotary Happenings

submitted by Cindy Carter

anibel is known for many beaches, great food, early bedtimes and, of course, our shells. Throughout the years, the Bailey-Matthews

things; top-rated

Shell Museum was formed and has grown into an impressive national museum, representing the best shells of Sanibel and the world.

Last week, the new executive director of the Bailey-Matthews National Shell Museum, Sam Ankerson, shared with us how they have coped with finishing a \$6 million renovation and then facing red tide and COVID closures, their reopening and their plans for the future.

The museum is back to about 75 percent of its typical attendance, prepandemic, since reopening last May. The renovations have created wonderful and exciting new adventures around every corner. The museum has kept some of the older features that everyone loves, such as the touch pools and the Keeper Talks, especially with the octopus trainer sharing information. Adopt-a-Class programs continue as well as the Mollusks on the Move outreach programs, moving to an online platform, yet still being exciting and informative for students.



Sam Ankerson

photo provided

Some of the newer programs are virtual lectures through Zoom and a shell discovery and identification app that not only helps you identify the beautiful shell you have discovered on the beach, but helps the shell museum log data about the shells being found. The museum will be launching an Octocam, similar to the popular Southwest Florida Eagle Cam, to allow viewers to watch a very entertaining octopus play, eat, swim and even dance.

The museum is currently working on a digital imaging project with high precision photos of shells to create a publicly available database of microshells. Fifty of the pictures in poster-size will be displayed on the second floor in an exhibit titled In-Focus, Precision Photography: Extraordinary & Unusual Shells. It will be

open Memorial Day weekend.

If you haven't been to the shell museum, or haven't been recently, it is definitely worth the trip. It is extremely beautiful, educational and relevant to our Sanibel way of life.

The Sanibel-Captiva Rotary Club is holding hybrid meetings on Zoom and in person at The Dunes Golf & Tennis Club. To attend a meeting in person (limit 20), email Bill Harkey at william. harkey@gmail.com by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., the meeting begins at 7:30 a.m.☆

# FISH Of SanCap Helps Island Resident In Need

usan lives and works on island. At 75 years old, she didn't know where to turn when she was diagnosed with eye problems that would require surgery. Since her partner died two years ago, Susan has been working two jobs to make ends meet as her fixed income is not enough to keep up with bills.

"I don't have a choice, I'm tired and frustrated but I need the income to survive. I definitely didn't think I would still be working at my age. My Social Security isn't enough, but there is very little I can do except work as hard as I can for as long as I can," said Susan.

When Susan learned she needed eye surgery, she broke down in tears. "I have Medicare, but not the supplemental insurance part. I can't afford the  $\,$ procedure and the eye drops that surgeon is requiring are so expensive. My monthly living expenses are hard enough to keep up with," she said. "I don't know what to do and I am so scared I will lose my

Susan reached out to FISH of SanCap, seeking advice and referrals.

FISH Social Services Director Nitza Lopez talked with Susan, reassuring her that FISH was here to help her. FISH was able to arrange assistance for her eye drops through the longtime island business and FISH partner, Island Pharmacy. Lopez negotiated a reduced cost procedure on behalf of Susan and assisted financially through grant funding provided by St. Michael & All Angels Episcopal Church and The Sanctuary Golf Club Foundation. "It's heartwarming to have the support of our partners that understand the struggles of our seniors,' said Lopez. "Thanks to our community partnerships, Susan's eye surgery was successful, she is no longer scared and worried about her sight and loss of vision.

For nearly 40 years, FISH has been a "neighbors helping neighbors" organization. FISH works through donations from individuals, foundations, service and religious organizations and, with its staff, provides assistance to residents, employees and visitors of Sanibel and Captiva. To learn more about FISH, contact Maria Espinoza at 472-4775 or visit www.fishofsancap.org.☆



Your Island Bankers: (L-R) Greg Blurton, V.P. Sr. Commercial Loan Officer, David Lowden, V.P. Private Client Relations, Willy Ocasio, V.P. Sanibel-Captiva Office Manager, Geoff Roepstorff, CEO, Robbie Roepstorff, President, Liz Aurensan, V.P. Lending.

www.BankoftheIslands.com ATMs on Sanibel & Captiva





An Equal Housing Lender | Member FDIC | Offices of Edison National Bank

SANIBEL BEACHFRONT

# CAPTIVA ISLAND

15261 CAPTIVA DR., CAPTIVA

• 4 BR, 4.5 BA, Deep Water Dock w/Lift

• Stofft Cooney Design, Waterfront Oasis MLS 220019253 \$11,499,000

McMurray & Members 239.850.7888

#### **CAPTIVA BEACHFRONT**



11559 LAIKA LN., CAPTIVA

- Iconic, Modern, Gulf Front Estate, 4,730 S.F.
- Rooftop Terrace, Floor to Ceiling Windows

\$7,800,000 MLS 220029520 McMurray & Members 239.850.7888



1523 PERIWINKLE WAY, SANIBEL

- 200'+ Sanibel River & Periwinkle Frontage
- Commercial Property, 3+/- Acres \$4,950,000 MLS 220082005

Trevor Nette 239.281.4435

#### THE SANCTUARY



5633 BALTUSROL CT., SANIBEL

- New 2020 Construction on Golf Course
- 4 BR, 4.5 BA, Great Room Floor Plan

\$2,100,000 MLS 220004571 McMurray & Members 239.850.7888

#### SANDDOLLAR



1785 MIDDLE GULF DR. #B101, SANIBEL

- 2 BR, 2 BA, Sensational Gulf Views
- Serene Tropical Décor

MLS 221023097 \$1,125,000 Cindy Sitton 239.810.4772

#### SUNDIAL OF SANIBEL



1501 MIDDLE GULF DR. #G204, SANIBEL

- Gulf Views from Your Screened Lanai
- 2 Bedrooms, 2 Full Bathrooms

MLS 220067748 \$749,000 Brian Murty 239.565.1272



RoyalShellRealEstate.com



239.314.3640

Leading REAL ESTATE COMPANIES COMPANIES PRESTIGE IN SCHOOL PRESTICE IN SCHOOL PRESTIGE IN

3767 W. GULF DR., SANIBEL

Trevor Nette 239.281.4435

\$7,995,000

Newer Construction, Gorgeous Interior

**CAPTIVA ISLAND** 

MLS 219071271

• Wine Room, Elevator, Game Rooms

**17201 CAPTIVA DR., CAPTIVA**• Gulf to Bay, Old World Magnificence

• 5 BR, Wood Beam Ceilings, Elevator

SANIBEL ISLAND

O W. GULF DR., SANIBEL

1 of 3 Lots Available, 104'+ Beachfront

• Incredible Opportunity, Ideal Location \$3,895,000 MLS 220018999

ISLAND BEACH CLUB

McMurray & Members 239.850.7888

\$5,650,000 MLS 220009922

Trevor Nette 239.281.4435

#### SEASPRAY BEACHFRONT

Offices in Florida and North Carolina



1306 SEASPRAY LN., SANIBEL

- Gorgeous & Exclusive Gulf Front Estate
- 4 Bedrooms, 4 Baths, Private Pool \$4,295,000 MLS 220044505

Trevor Nette 239.281.4435



6418 PINE AVE., SANIBEL

- 3 BR, 3 BA, 3,930+ S.F., Near BeachSpacious Floor Plan, Soaring Ceiling

\$1,789,000 MLS 220034841

McMurray & Members 239.850.7888

# **CAPTIVA ISLAND**



16970 CAPTIVA DR., CAPTIVA

- Premier Beach Location on Gold Coast
- Western Exposure, Direct Sunset View

\$3,995,000 MLS 217074695

Trevor Nette 239.281.4435

#### **SOUTH SEAS ISLAND RESORT**



1635 LAND'S END VILLAGE, CAPTIVA

- 2 BR, 2 BA on Redfish Pass & Gulf
- Stunning Waterfront Views

MLS 219013772 \$1,429,000

Vicki Panico & Fred Newman 239.980.0088

2265 W. GULF DR. #230D, SANIBEL

- Surf & Sunsets, Fully Furnished
- Direct Beachfront, Awesome Rental Income

MLS 221007716 \$1,335,000

Sally Davies 239.691.3319



1321 SEASPRAY LN., SANIBEL

- Near Beach, Large Buildable Homesite
- Small Beach Community

MLS 221016939 \$899,000

3304 SAINT KILDA RD., SANIBEL

Private Lake View Setting

• Possible Gulf Views from Piling Home

MLS 221009944

John Nicholson, McMurray & Members 239.849.3250

John Nicholson, McMurray & Members 239.849.3250

# OCEAN'S REACH 2230 CAMINO DEL MAR DR. #2D1, SANIBEL

• 2 BR, 2 BA, Direct Gulf Front

• Recently Renovated, New Furnishings MLS 221018343 \$890,000

Cindy Sitton 239.810.4772

# SUNDIAL BEACH RESORT **UNDER CONTRACT**

1501 MIDDLE GULF DR. #F106, SANIBEL

- Ideal 1 BR Courtyard View

• Fully Furnished & Appointed \$465,000 MLS 220037666 Vicki Panico & Fred Newman 239.826.2704





• Bright & Airy, Near Beach, 3 BR, 2 BA

 Updated w/Impact Windows & Doors MLS 221025634

\$795,000 Sally Davies 239.691.3319



1610 MIDDLE GULF DR. #F8, SANIBEL

• Spacious 2 BR, 2 BA, Steps to Beach • All Impact Glass, New A/C 2021

\$449,000 MLS 221020923

Andre Arensman 239.233.1414

Will Power

#### What Every Client Needs To Know About Gift Tax Returns



by Craia R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

necause in recent weeks I've seen so many erroneous gift tax returns, today's column is devoted to what clients need to know before having their CPA or attorney file one. Estate, gift and generation skipping taxes are transfer taxes, governed by an entirely different subtitle of our federal tax code (U.S. Code Title 26 Subtitle B – Chapters 11 – 15) than are income taxes (U.S. Code Title 26 Subtitle A Chapters

Just because your CPA is adept at personal, corporate and partnership income taxes does not equate to a working

understanding of transfer tax law, which is vitally necessary to file a Federal Gift Tax Return Form 709. News flash – many accounting programs don't require transfer tax courses in order to graduate. Take it from me, I'm a CPA and a board certified wills, trusts and estates attorney. All of my transfer tax courses were taken in law school, not in my undergraduate or masters level accounting studies.

And many lawyers who practice estate planning never took tax law courses. My gift and estate tax course in law school had only eight students out of my graduating class of 190. The income taxation of estate and trust course only had six. Students don't like these courses because they're difficult, and quite frankly, boring. Yet many practice in the field since it's more fun and rewarding than the academic minefield one must navigate to properly learn it. Never mind the task of keeping up with endless IRS rulings, pronouncements, regulations, federal legislation and court rulings through continuing education during one's career.

Unlike income tax returns, which are, absent carryforwards, independent of one another from year to year, every gift tax return affects the next, and ultimately is filed as an attachment to your Federal Estate Tax Return Form 706. An error on any one gift tax return cascades to every future transfer tax filing, resulting in headaches for you and your loved ones.

A professional who doesn't possess a detailed and thorough understanding of our transfer tax laws can't possibly expect to file a correct gift tax return. To understand why I'm devoting an entire column to this issue, allow me to illustrate recent problem filings I've encountered:

• Unlike income tax returns that allow married couples to file jointly, gift tax returns must be filed separately for a husband and wife. I saw a recent return where the filer "split the gift" between husband and wife yet failed to file wife's return, attributing all of the gift to husband's return.

• Filers frequently miss the generation skipping transfer (GST) tax issues. Transfers to irrevocable trusts that may one day distribute to a second generation should be listed under that section of the return. There, the taxpayer may opt-out of automatic allocation of this valuable exemption, or else the exemption is deemed consumed. For large estates, you don't want to waste this exemption. Careful thought should be made to its consumption.

• Determining when an irrevocable trust belongs to the GST portion of the return requires understanding whether a trust is an indirect skip, a taxable distribution, or a taxable termination. Each has different consequences.

• Speaking of GST issues, there's a little-known rule that disallows the allocation of GST exemption until the gift cannot be included in the transferor's estate for estate tax purposes. Qualified Personal Residence Trusts (QPRTs) and Grantor Retained Annuity Trusts (GRATs) are examples subject to this rule. Because those trusts might be included in the transferor's estate if she doesn't survive the term, the ETIP (estate tax inclusion period) rules apply, and GST exemption can't be allocated until the trusts expire. At that time, if allocated, the GST exemption will consume the fair market value of the assets, rather than the discounted value reported for gift tax purposes. I've seen this botched many times.

• Normally, annual exclusion gifts (those gifts that don't exceed the \$15,000 current limit) need not be reported. When reporting taxable transfers, however, the annual exclusion gifts should also be reported. Those gifts don't generate tax and don't consume exemption even when reported. Many times, I've reviewed gift tax returns that don't report any annual exclusion gifts.

• I've seen errors associated with lack of proper documentation. Discounts associated with transfers of closely held business interests and family partnerships require documented verification. Moreover, real estate agents' estimations of fair market value are insufficient proof. If a return lacks the sufficient support, the

I could go on. At risk of appearing self-righteous, I've seen too much to not warn consumers. More professionals should decline this work based on inadequate knowledge of the area. This same lack of knowledge affects drafters of estate plans, but that's a subject for another column.

three-year statute of limitations on IRS challenges never tolls.

If your 709 is on extension, ask some hard questions before it's filed. ©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.

#### How's The Market? Ask Ann

We were very fortunate to participate in some recent sales and want to thank the cooperating Realtors for their involvement: Jeff Burns of Sotheby's for 2964 Wulfert Road at \$2,650,000; and Patrick Raymond of Nautical Realty Group for bringing a buyer for our lot at 675 Sea Oats Drive for \$380,000: and a last pat on the back to me for selling my listing at Ardsley Way for \$170,000.



Ann Gee

Wow! First guarter stats show 200 Homes sold versus 109 in 2020. This year's average home price is \$1,351,699, average Condo sale price is \$844,412.

Price negotiation on the Condos is list to sale 2% off of asking price. Homes 5%. Lot sales... How about 28 lot sales the first quarter as compared to 3 during the same time frame in 2020. There are very few lots left on

#### 22 Closed Sales Going Back One Week: 11 Homes, 7 Condos & 4 Lots

1820 Ardsley Way Vacant Lot - **\$170,000** 1303 Par View Dr. Vacant Land - \$300,000 667 Birdie View Pt. Vacant Land - \$315,000 3324 St. Kilda Rd. Vacant Land - \$430.000 845 E.Gulf Dr. Sanibel Moorings 1512 - \$529,000 651 E. Gulf Dr. White Pelican 111 - \$1,245,000 827 E. Gulf Dr. Sanibel Arms West B5 - \$540,000 2501 W. Gulf Dr. Pine Cove 202 - \$1,300,000 979 E. Gulf Dr. Loggerhead Cay 223 - **\$675,000** 760 Sextant Dr. 112 Mariner Pointe - \$675,000 5303 Umbrella Pool Rd. - \$685,000 1965 Roseate Ln. - \$740,000 1985 Sanibel Bayou Rd. - \$790,000

3781 Coquina Dr. - \$\$794,000 1045 Blue Heron Dr. - \$889,000 6101 Starling Way - \$1,050,000 957 Cabbage Palm Ct. - \$1.062.000

1480 Middle Gulf Dr. - \$1,560,000

2479 Harbor Ln. - \$1,695,000

3215 W. Gulf Dr. D102 Somerset at the Reef - \$1,800,000

550 Lighthouse Way - \$2,775,000 4961 Joewood Dr. - \$4,995,000

Call or email me with any questions. Stay safe & have a successful year!

Certified Negotiation Expert • Certified International Property Specialist 239-850-0979 • RealtorAnn@hotmail.com • www.JohnGeeRealty.com



From page 1

#### Snowy Plover

usually nest," said Albrecht. "There are two pairs that will likely nest there soon."

The islands are a crucial nesting site for snowy plovers, Wilson's plovers and least terns. The State of Florida's nesting season officially begins in

February and runs through August.

Shorebird populations are in decline worldwide due to habitat loss, compounded by increased threats from coastal water pollution, natural predation, climate change and other factors. You can help these fragile populations survive by keeping them in mind when you go to the beach.

Email shorebirds@sccf.org if you see 



MON-FRI 9:30-5:30 • Sat 10-2

1456 Periwinkle Way, Suite B (Next to Billy's Bike Rentals) (239) 472-0288 • Fax (239) 472-0809 Rob@IslandBusinessCenter.com • www.IslandBusinessCenter.com

#### Life Insurance

#### Disability Carve-Out



J. Brendan Ryan, CLU, ChFC, MSFS

d and Harry were on a short road trip to a customer's plant a few hours away. Ed was an executive of a manufacturing firm and Harry was one of his sales

managers. They were both well paid. Ed made \$360,000 plus his bonuses and Harry made \$120,000 plus bonuses.

Along the interstate, a truck in front of them lost a huge tire and slammed their passenger car. Both survived, but both had severe injuries that will likely render them crippled and totally unable to work ever again.

Fortunately, their employer had heeded the advice of their insurance agent and had obtained group longterm disability insurance (LTD) for the employees. So, after sick pay and short-term disability coverage paid out for six months, the long-term policy began to pay its monthly benefit. Each started to get a check every month – for as long as to age 65 – for \$6,000 per month.

In this case, the formula called

for a payment of 60 percent of base salary, not including bonuses. Since the employer pays the whole premium and does not charge the employees for it, the full benefit will be taxable as ordinary

But why does each of these two employees get the same benefit? After all, Ed's salary was three times that of Harry's, so he should be getting a monthly benefit of \$18,000.

Many people do not know this, but most employers choose to limit the amount of benefit payable under their LTD policy. This keeps the premiums

In this case, the policy has a cap of \$6,000 of monthly benefit. Another way to say this is that only the first \$10,000 in monthly salary is recognized for the LTD benefit.

For Harry, that should be palatable. But poor Ed was making \$30,000 per month, so he should be getting \$18,000 in monthly benefit. But, he is getting in LTD benefits only \$6,000 per month, or 20 percent of salary, not 60 percent. That will be hard for Ed and his family to deal with.

How could this dire crunch have been avoided? If Ed could qualify medically, the employer could have provided a supplemental, individual income replacement policy that would have paid in addition to the LTD. The employer can pick and choose which employees to grace with this benefit, and the premium would be tax-deductible for the employer and not taxable to the employee. But any benefits received by the employee would then be taxable to the employee.

Alternatively, Ed could have bought an individual policy for himself with his own after-tax dollars. If he did this, any benefits received would be tax-free.

Such individual policies are superior to the typical LTD policy in many ways:

It can cover partial and residual

It can provide a cost-of-living benefit that increases the monthly benefit after disability occurs:

Depending on age and future income and before disability occurs, benefits can be guaranteed to increase to keep pace with rising salary;

The premium will be fixed regardless of any future worsening of health;

The policy can continue for Ed regardless of future changes in employers. It can go with him from job to job;

The plan can be figured on all earned income, including bonuses, not just base salary; and

There will be no offset due to other benefits payable, such as Social Security or Worker's Compensation.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.☆

#### **ISLAND SUN BUSINESS NEWSMAKERS**

#### John Gee & Company





Michelle Bornhorst

Bobbie McGlynn

he top producers for March at John Gee & Company Realtors were Michelle Bornhorst and Bobbie McGlynn.☆







he top sales associate for March at Pfeifer Realty Group was Kerri Maw. The top listing agents were Lisette Hitt and Greg Demaras.☆



Lisette Hitt



**Greg Demaras** 

# **De-ionized Water Leaves your** Windows Spotless



Frames & Screens

• Eco Friendly

- Locally Owned & Operated
- Residential & Commercial
- Satisfaction Guaranteed
- Additional Services Available:
- \* Pressure Washing (roofs excluded)
- \* Maintenance Programs \* Annual Contracts

\$250 min Cleaning April 2021 ONLY!

**Keep Your View CRYSTAL CLEAR!** 



Call Today for a Free Estimate

239-313-7930

Licensed & Insured \* Residential customers only. Some Restrictions may apply

#### Frankly Speaking



by Howard Prager

ecords are meant to be broken. Wilt Chamberlain holds numerous NBA regular season records in scoring, rebounding and durability categories, including "the only

player to score 100 points in a single NBA game, and average more than 40 and 50 points in a season. He won seven scoring, 11 rebounding, nine durability and nine field goal percentage titles, and led the league in assists once." Last week, I wrote about Nikola Jokic, the Denver Nuggets big man passing Chamberlain for most 10-assist games by a center. The scoring record falls to All-Star Steph Curry, who passed Chamberlain's all-time scoring record with the Warriors (17,783 points) a week ago against Denver, scoring 53 points. "To be anywhere near him in any record book or now be on top, it's surreal and it's wild," Curry said after the game. Curry notched his third 50-point game of the season, joining Chamberlain, Michael Jordan, James Harden, Elgin Baylor, Kobe Bryant and

Rick Barry as the only players in NBA history to have scored 50 points or more three times in multiple seasons.

Some remarkable baseball was played last weekend. The rivalry between the Dodgers and Padres has heated up. Game 1 was an instant classic. A back-and-forth matchup that lasted nearly five hours and went to extra innings. A near brawl where both benches emptied, and a combined use of 17 pitchers, including a second baseman pitching and pitchers playing the outfield. The Padres tied the game late, the Dodgers then retook the lead and the Padres tied it as they were down to their last out. The Dodgers pulled away with a five-run 12th inning that gave them an 11-6 victory. Their last run came on a fly ball by David Price, a starter turned reliever, that was caught by Joe Musgrove - who threw a no-hitter seven days earlier – and came against Jake Cronenworth, the second baseman who was used in emergency relief. I can't imagine what the scorecard looked like! "It was like a playoff game," Dodgers manager Dave Roberts said. "It really was." Game 2 was a pitcher's duel between former Dodger Yu Darvish and Clayton Kershaw. It ended with Mookie Betts making a sliding, game-saving catch where he kept his glove just above the grass. Trevor Bauer shut the Padres down until the 6th inning in game

3, but came out in the 6th when the Padres went to work and won the final game 5-2. Missed it? Don't worry, they play a 4-game series in L.A. this weekend.

Triple plays are a rarity to begin with, but Joey Votto pulled off an amazing one for the Reds last Saturday. From CBS Sports, "The Reds trailed the Indians 2-1, and reliever Amir Garrett gave up back-to-back singles that put runners on the corners with no outs. Naylor followed by lining a ball to first base. Playing just off the bag, first baseman Votto snared the ball on the fly and quickly dove back to tag out Reyes before the runner touched first base. Thinking the ball hit the ground first, Eddie Rosario, the runner on third, ran home as Votto held the ball and waited. Once Rosario crossed the plate, Votto lightly tossed the ball to third baseman Max Schrock who touched third base, Rosario was out and Cincinnati had its triple play. Votto turned to his dugout and pumped his fist in triumph as the crowd at Great American Ball Park went wild.

Closer to home, the Mighty Mussels just announced a new manager and coaches for the coming season. The Minnesota Twins promoted Brian Meyer to lead the Mighty Mussels as manager for their inaugural 2021 campaign. Aaron Sutton had previously been tabbed as Mussels' manager, but announced his decision to step away from coaching and pursue a family business venture on March 24. More on the new staff next week. Tickets go on sale Friday, April 23.

Our good news story of the week is about wandering surfboards. The Good News Network recently reported that one was found 400 miles away. "A young couple were hiking on the Shetland Islands off the coast of Scotland when they spotted a nine-foot board and decided to investigate. Lee Brogan had been "wiped out" by a

massive wave while surfing off the Yorkshire coast in England last year and watched in agony as his surfboard disappeared into the ocean. He had given up hope of ever being reunited with his 10-year-old board, but luckily the Walden board, which costs about \$2,000, was marooned off shore on some gravel completely intact. The couple took to Facebook to see if anyone could trace the owner. "We were so surprised by how quickly it all came about; we didn't think we'd ever find the owner. We were so pleased he had gotten in touch." She said they quizzed Lee to make sure he was indeed the owner, but he provided photo evidence and explained how he'd fallen off the board and convinced them.

I then looked into how far surfboards wander. According to Hawaii News Now, Doug Falter says he last had his board at Waimea Bay in February 2018. The 35-year-old told Surfline that his leash came off and the board vanished. He turned to social media in hopes that someone might find it, and someone did – but some 5,200 miles away on a tiny island in the Philippines. Giovanne, a teacher in the Philippines, contacted Falter. "It means even more knowing that it might go to someone that wants to learn how to surf." He hopes to meet Giovanne and teach him how to surf once some of the travel restrictions are lifted. Falter set up a GoFundMe to ship some supplies to Giovanne and his students, with over \$7,000 raised as of last fall. Nice. What ever happened to sending a simple message in a bottle?!

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.

#### **SPORTS QUIZ**

- 1. What Pittsburgh Penguins goaltender set an NHL record for the longest unbeaten streak to begin a career, going 14-0-2 in his first 16 games during the 1996-97
- Left-handed pitcher Vida Blue won the AL Cy Young Award and was named AL MVP in 1971 as a member of what team?
- What 7-foot 7-inch Romanian-born center played with the Washington Bullets (1993-97) and the New Jersey Nets (1998-2000)?
- 4. What boxer, known as the "Cincinnati Cobra," amassed a 95-25-1 record in a pro career spanning 1940-59?
- What three New York Yankees became the first players in MLB history to hit back-to-back home runs in the postseason when they did it versus the Cleveland Indians in Game 1 of the 1997 AL Division Series?
- 6. Cornelius "Dutch" Warmerdam held the world record in what athletic sport from 1940-57?
- 7. In 1975, who became the first African-American golfer to play in Masters tournament?

#### ANSWERS

Derek Jeter and Paul O'Neill. 6. Pole vault. 7. Lee Elder. 1. Patrick Lalime. 2. The Oakland A's. 3. Gheorghe Muresan. 4. Ezzard Charles. 5. Tim Raines,

#### Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to **NOT** use these rat poisons:

brodifacoum

**SCCF** 

bromailone

472-2329

difenacoum

difethialone

sccf.org

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



# Vaccination Appointments Open To Public

nyone age 18 and over can now sign up online to receive a COVID-19 vaccination at Lee Health by visiting http://leehealth. vaccine.mychart.com. You do not need to be a Lee Health patient to get the vaccine. All vaccines will be administered at Gulf Coast Medical

After signing up, you will be notified when the vaccine is available to you and given a choice of time slots of available appointments. If Lee Health has multiple brands of COVID-19 vaccines in stock, you will be able to select which vaccine you receive. Currently, Lee Health is offering the Moderna vaccine.

All self-scheduling appointments must be made online. Do not call hospitals or physician offices to inquire about vaccine appointments as it overwhelms the phone system.

"As Lee County's community-owned health system, Lee Health is pleased to offer the COVID-19 vaccine to anyone who wants one. Widespread vaccination is the best path to end the pandemic and a return to normalcy, and I encourage everyone in our community to get the vaccine as soon as possible, Larry Antonucci, MD, MBA, Lee Health president and CEO.

Lee Health has been vaccinating its employees and medically vulnerable patients since December. This is the first time the health system has offered the vaccine to the general public.

Per Florida guidelines, vaccine appointments are available for Florida residents only. A mask is required to enter any Lee Health facility.

After you are vaccinated, it is still necessary to wear a mask in public and keep a safe physical distance when out in public. You are considered fully vaccinated two weeks after receiving your final dose of the vaccine. For more information on COVID-19 vaccines, visit www.cdc.gov/coronavirus/2019ncov/vaccines/index.html. A



Voted Best Golf Course ~in Lee County~

**Enjoy our Stunning** 18-hole Championship Course

> 30-day and Annual Memberships Available **Seven Har-Tru Tennis Courts Clubhouse Restaurant and Lounge**

Present this ad when you visit us!

Present this ad and receive a complimentary sleeve of golf balls!

Call 239-472-3355 TO BOOK YOUR TEE TIME

949 Sand Castle Road Sanibel, FL 33957 | dunesgolfsanibel.com

**Health First** 

### Self-Compassion And Wellbeing



by Julie Rosenberg, MD

Through the many challenges in today's world, we must find ways to support ourselves, so that in turn, we can support our communities. One important

way in which we can support ourselves is by exercising self-compassion, a key component of wellbeing. What is self-compassion? Most experts view self-compassion as consisting of three key elements: 1) Treating yourself with kindness; 2) Recognizing our shared humanity; and 3) Being mindful when considering negative aspects of yourself. Let's look at each of these three elements.

Treat yourself with kindness – Have you seen signs or bumper stickers that state: "Be kind?" If so, does your mind immediately drift toward kindness to others? When we think of being kind, we often think outside the self. While extending kindness to others is important, extending kindness (and friendliness) to ourselves is also key and will support our wellbeing.

Too often, we treat ourselves with

harsh criticism or judgment. I certainly do. I want to offer my best self to my family, friends and clients, but I fall short at times. I often judge my shortcomings rather than accepting them. Sharon Salzberg, a central figure in the field of meditation, says, "You yourself, as much as anybody in the entire universe, deserve your kindness and affection."

Showing self-kindness means recognizing and embracing that your worth as unconditional, even when you fall short of your own expectations.

Recognize our shared humanity – The field of positive psychology teaches us that we have a common humanity, a shared human experience. All people fail and make mistakes. We lead imperfect lives. Once we accept these facts, we can develop a broader and more connected perspective regarding individual shortcomings and difficulties – our own and those of others.

The need for connections is part of human nature. Feeling understood and united through human connection can be one of the most rewarding elements in life. Human connections have the power to build bonds between people, inspire change and build trust. Positive human connections can also lower our risk for anxiety and depression, and help us to better regulate our emotions.

Be mindful when considering negative aspects of yourself – We all have negative storylines such as, "I'm no good" or "I won't succeed." It's important to gain freedom from these habitual negative responses. One way to gain freedom is to learn to step back and to recognize that

the negative things that we tell ourselves are not facts, they are just thoughts.

Mindfulness involves developing focus and an awareness of our present moment experience. When we take "mindful moments" throughout each day, we can create space between ourselves and our reactions and gain freedom from things that trigger us. Taking mindful moments helps us to tune in to how a thought or action makes us feel.

Try this for two minutes, and repeat several times each day:

1) Recognize a negative thought: If your negative thought is "Things will never work out for me," take a moment to recognize and acknowledge this thought without judgment.

2) Begin deep breathing and continue for 60 to 90 seconds: Deep breathing will help you release not only tension in your body but also negative thoughts. Inhale deeply to a count of three, hold the breath for a count of three, and then exhale slowly to a count of three. During your practice, imagine negative thoughts leaving your body with each exhale.

3) Name a positive: Your breathing practice will help you to relax. In your relaxed state, ask yourself: "What's good in my life right now?" Whatever your answer might be, acknowledge it and let it linger. Repeat this exercise two to three times each session.

These mindful moments will ultimately become a habit and support more positive thinking.

In conclusion, practicing selfcompassion loosens the grip of our inner critic and allows us to live a happier and more fulfilled life. Individuals who practice self-compassion typically display higher levels of optimism, gratitude and positive affect than those who lack self-compassion. Practicing self-compassion in challenging circumstances helps us to develop the necessary emotional resources needed to care for ourselves and others. Finally, the practice of self-compassion improves wellbeing, which includes life satisfaction, as well as physical and psychological health.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

#### Drug Abuse Is On The Rise

arconon reminds families that drug abuse is on the rise in almost every community nationwide. Many families don't know where to turn or what to do about their loved one who is suffering from addiction.

To learn more about how to help your loved one, visit www.narconon-suncoast. org/blog/a-letter-to-any-family-dealing-with-addiction.html.

Narconon can help you take steps to overcome addiction in your family. Call 877-841-5509 for free screenings or referrals.





From left, Marisa Carrozzo of the Conservancy of Southwest Florida, Capt. Chris Wittman of Captains For Clean Water, Doug Gaston of Audubon Florida and James Evans of SCCF

photo provided

#### Groudbreaking Held For Water Flow Project

anibel-Captiva Conservation Foundation (SCCF) staff attended the Old Tamiami Trail Roadbed Removal Project groundbreaking last month.

"For 97 years, Tamiami Trail has

been an impediment to moving water south into Everglades National Park," said Pedro Ramos, superintendent of Everglades and Dry Tortugas National Parks.

The South Florida Water Management District, the U.S. Army Corps of Engineers, and other state and federal agencies joined Gov. Ron DeSantis to celebrate the groundbreaking of the project that will remove more than five miles of fill and old roadbed to allow more water to move south into the Everglades.

"It was an exciting day for Everglades restoration," said SCCF Environmental Policy Director James Evans. "We are finally starting to see momentum on the critical projects that will allow us to send more water south."

The project is scheduled to be completed by January 2022. It is part of the Central Everglades Planning Project, a suite of Everglades projects aimed at moving more water south through the central portion of the Everglades system.

#### ISLAND SUN BUSINESS NEWSMAKERS



McMurray & Members

#### **Royal Shell Real Estate**

The top listing and top sales producers team for March at the Royal Shell Real Estate Sanibel-Captiva office was McMurray & Members. The top listing producer was Cindy Sitton. The top sales producer was Trevor Nette.













# Home is more important THAN EVER.

As life continues to change, so do your needs for a new home. You need a place that functions well, a place where you can be productive, but one that is also beautiful and relaxing.

That's where Daniel Wayne Homes steps in. Let our 25 years of experience and dedication to quality bring your dream home to life.

# Embryo Created Of Part Monkey And Part Humán



by Suzy Cohen, RPh

ear Readers: An experiment has taken place where researchers just created an embryo that is half human and half monkey. They allowed the

living thing to grow for 20 days, and then it was destroyed.

This experiment has sparked huge debate into the ethical reasons for such an experiment and if they should be allowed to continue. And, if so, where exactly should the research end?

The lead researcher, Professor Juan Carlos Izpisua Belmonte, has experience in the field of biomedical research. In 2017, he helped create the first human-pig animal which lived for a

Professor Belmonte teamed up with researchers in China more recently, and injected human cells into monkey embryos, instead of sheep because the latter does not work well. But a monkey's genomic sequence is closer

3 UNIQUE SPECIALISTS IN REGENERATIVE

& CHIROPRACTIC MEDICINE TREATING:

Brian Hutcheson, DC

to that of humans and, in the end, the experiment worked.

Will future embryos remain in the petri dish, or will an unethical scientist secretly breed it and attempt to propagate a new kind of creature. There are so many obvious bio-ethical concerns with this.

Dr. Belmonte's team proposes that a major problem in medicine can possibly be solved, and he's referring to organ transplantation. Every two or three weeks, someone passes away because they did not get the organ they so desperately needed. With this type of stem cell research, the ability to grow a kidney or a liver, for example, would solve the shortage we have and save many lives each year.

And, then there's the issue of disease transmission. In case you didn't realize, there is Mad Cow disease, Bartonella infection (from a cat's scratch) and, most recently, bats transmitting coronavirus. Monkeys famously carry herpes B virus, monkeypox and rabies. When genetic material from a monkey is sourced for this purpose, it is exceedingly difficult, if not impossible, to be 100 percent assured that it does not contain anything dangerous to a human.

Other scientists are raising concerns about where it stops. The argument is that, in time, as "chimeric" technology improves, could a scientist after hours go ahead and implant an embryo into a monkey. Ethically, what would happen to that baby? It may conjure up ideas

Danielle Matias, MMS, PA-C

in some people's minds about more Frankensteinish experiments as well as part animal, part human offspring.

Human chimeras already exist. In fact, there is research to show that people who have received bone marrow transplants, or women who have had a pregnancy, all have chimeric cells in them. What we're talking about today is different, it is a scientific experimental chimera that is neither animal, nor human.

The world is not united on the new research. Some people see it as a positive – a new opportunity to create organs for transplantations that could

save human lives every day - while other people see this as a negative. They perceive it as opening Pandora's box to a 21st century "Planet of the Apes" and question where would the researchers stop if they are given an inch. How many lives would be saved exactly? If you have an opinion about this, email me at scriptessentials@gmail.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. 

#### Beautifulife:

#### Wander



by Kay Casperson

Tbelieve that there is a desire in all of our hearts to wander now and then. What does it mean to do so? It means to move about without a fixed course, aim, or goal, to follow a winding path, or to

meander. It can also mean going astray, either physically or mentally.

The English writer, poet and university professor JRR Tolkien once wrote, "All that is gold does not glitter, not all those who wander are lost; the old that is strong does not wither, deep

roots are not reached by the frost." I love this, and if you think about what it means to wander, you will realize, as I did, that there is a desire in all of our hearts to do so. How nice is it to go somewhere without a plan, a goal or a purpose? When was the last time you just parked your car, put yourself on a path and followed it? Or how about doing something as simple as letting your mind go down a new road to a place that you have not yet traveled but often think about. Nothing wrong with that, right?

Of course, there are always responsibilities that bring you back to the reality of your world, but I think there is magic in letting yourself wander once in a while. Following are some suggestions that might get you in the mode.

Plan a day to give yourself a couple of hours to take a drive, park your car and explore a new path. Whether it be a walk around a lake, park, trail or the beach, find something you have not done before and wander down the road.

Grab a pen and paper and write down places you would love to visit or experiences you would like to have. Writing things down is the first step in making things happen in your life. The next step is to visualize yourself there, and then it will become a reality.

Book your next trip to somewhere that you have not been and make it a point to learn and experience something new and different. It is always fun and exciting to travel and explore a new destination.

Take a chill day and lock yourself away from the world, your responsibilities, electronics and people, and drift off. Only allow beautiful and positive things to enter your thoughts and try to direct them to places and things that bring peace, tranquility and comfort to you.

Now and then, we should allow ourselves to escape the reality of everyday life and embrace the idea of letting ourselves wander off for just a bit without getting lost.

My affirmation for you this week is: "I will take time to wander down a road not yet traveled in my journey to a more balanced and beautiful life.'

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.☆

Read us online at www.lslandSunNews.com

# CERVICAL SPINE DISORDERS CHRONIC NEUROLOGICAL SYMPTOMS JOINT AND SPINE PAIN OSTEOARTHRITIS POST-SURGICAL JOINT PAIN SPORTS INJURIES

9738 Commerce Center Ct., Fort Myers, FL 33908 | (239) 308-4725 | CaringMedical.com

**CARING MEDICAL FLORIDA** 

& THE HAUSER NECK CENTER

#### VASANTA SENERAT CPA, P.A. CERTIFIED PUBLIC ACCOUNTANT

CHARTERED FINANCIAL CONSULTANT

Accounting, Tax Preparation and Consultation for Businesses • Individuals • Condo Associations • Non Residents

SANIBEL • 472-6000 1633 Periwinkle Way • Anchor Point

FORT MYERS • 418-0008 3949 Evans Ave. • Suite 205•33901 **Doctor and Dietician** 

#### Difference In Mouth Versus Nose Breathing





by Ross Hauser, MD and Marion Hauser, MS, RD

ave you ever thought about the way you breathe? Do you breathe through your mouth or your nose? Interestingly enough, it is healthier to breathe through your nose versus your mouth. Not only will you more effectively use the air you breathe through your nose, but guess what? Nose breathing also improves your vagal tone (vagus nerve function) and improves your heart rate variability (HRV) that we have discussed the importance of in prior

Probably about half of the population breathes through their mouths, especially earlier in the day, but some only during exercise. Chronic mouth breathing can lead to a variety of health issues and can worsen the risk of other health conditions.

Let's take a closer look at breathing. Both mouth and nose breathing lead to your throat, which carries oxygen into your lungs. However, there are some distinct differences. Your nose is designed to help you breathe safely and efficiently by filtering out foreign particles, such as dust, allergens and pollen, which helps stop them from entering your lungs.

Your nose also warms and moisturizes (humidifies) the air you breathe. It brings the air you breathe to the same temperature as your body, thus making it easier for your lungs to use. During nose breathing, your nose releases nitric oxide (NO), a vasodilator, which helps open blood vessels, thus improving oxygen

circulation in your body.

We primarily use our mouths to eat, drink as well as breathe, however, mouth-breathing does not have the same features as nose breathing. Sometimes it is necessary to mouth breathe - like with a deviated septum or nasal congestion, or you may have small nostrils. However, primarily breathing through your mouth is associated with some risks to your health, such as inhaling unfiltered air, allergic reactions, asthma, halitosis, tooth decay, gum diseases, snoring, sleep apnea and teeth abnormalities.

What are the benefits of breathing through your nose? Nose breathing reduces exposure to foreign substances, humidifies and warms inhaled air, increases airflow to arteries, veins and nerves, increases oxygen uptake and circulation, slows down breathing, improves lung volume, helps your diaphragm work properly, lowers your risk of allergies, reduces your risk of coughing, assists your immune system, lowers the risk of snoring and sleep apnea, and supports the teeth and

Dr. Hauser has been a mouth-breather most of his life, where Marion is a nose-breather. Just by observing these two, you will see the effects manifested in their overall health. Marion has no cavities, rarely gets sick, does not snore or suffer from any allergies, and has a lot of energy. Dr. Hauser, on the other hand, is quite the opposite. He is, however, working on ways to improve his nose breathing.

Here are some tips to improve nose breathing:

Alternate nostril breathing exercises (hold one nostril closed and breathe through the other), focus on belly breathing and the yoga move Breath of Fire (cross-legged belly breathing), as well as using breathe-right strips to keep your nasal passages open, especially when you sleep. Do not underestimate the power of nose-breathing on your overall health, vagal tone, HRV, and overall stress levels. Now take a deep breath in through your nose... ah!

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@ 

#### Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have been a compulsive liar for many years. I just lost a relationship because of this. I know I need help. What would you suggest, as I want to stop lying for good? A: Most likely

you began lying early on and somehow got away with it, and perhaps even started to believe your own lies. This has caught up with you, and you are now facing a harsh consequence. First of all, you are aware that you need help and this is a

Whether you are seeking outpatient or inpatient treatment, congratulate yourself for taking a huge first step. It's not easy to admit one's faults. Learn to forgive yourself. You are human, and you are growing and learning lessons. You can learn to develop a sense of self and improve your self-esteem. Once you feel better about yourself and realize your true authentic self, you won't feel the need to lie to be accepted and have a sense of belonging. The decision that you want to change your behavior is a beautiful start.

Seeking professional help will give you the confidence to get on the healing path to self-love.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

#### Free Program On Diabetes Prevention

ee Health is offering a free program designed to help you make modest difestyle changes and cut your risk of type 2 diabetes by more than half. The next program will be done virtually through an online platform held on Mondays, beginning May 3 from 6 to 7

This year-long program with weekly meetings for the first six months, then once or twice a month for the second six months, is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help you become empowered to prevent type 2 diabetes. Learn about the benefits of physical activity; manage symptoms of stress, make smarter decisions related to healthy eating and tips to stay motivated. Participants will receive a participant guide to use as an ongoing reference tool once the classes are completed. Registration is required. Call 424-3127.☆

# BECOMING A FLORIDA RESIDENT IS EASY!

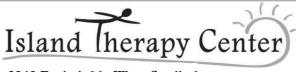
**ESCAPING** YOUR FORMER STATE'S **TAXING AUTHORITY** IS THE HARD PART!

#### **GET YOUR FREE GUIDE** TODAY!

LEARN HOW STATES TRAP YOU EVEN IF YOU'VE DECLARED FLORIDA RESIDENCY!!



#### PHYSICAL THERAPY - MASSAGE - PILATES



2242 Periwinkle Way, Sanibel

One-on-one sessions for pain, mobility, balance, vertigo and strengthening. Medicare providers, doctorate PTs.



**Limited capacity** to ensure social distancing.

#### floridaestateplanning.com/escape









SHEPPARD LAW FIRM SHEPPARDLAWFIRM.COM

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA & Estates Attorney

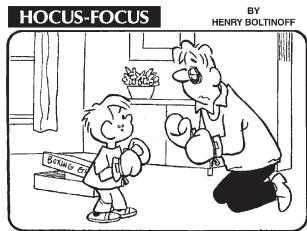
Main Office: Fort Myers | 9100 College Pointe Ct. Fort Myers, FL 33919



Emergency	911
Sanibel Police,	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	
Poison Control1-800-	
Chamber of Commerce	
City Council	
City Building Department	472-4133 472-4555
City Manager	
City Planning & Code Enforcement Department	
City Public Works	472-4130
City Public Works	472-0397
Library, Sanibel	
Library, Captiva	533-4890
Lee County Mosquito Control	694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)800-	
Post Office, Captiva	
Sanibel Community House	
Center 4 Life, Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	
Gulf Coast Symphony	
Herb Strauss Schoolhouse Theater	472-6862
Lee County Alliance for the Arts	
Naples Philharmonic	
Sanibel Music Festival	
Sanibel-Captiva Art League sanc	apart ord
Southwest Florida Symphony	
Symphonic Chorale of Southwest Florida	
CLUBS & ORGANIZATIONS	300-3093
ABWAhttp://abwasanibelca	
American Lorian Book 422	aptiva.org
American Legion Post 123	
Angel Flight SE	
Audubon of SWFL https://www.audubon	
Audubon Society	4//-3/44
Bailey-Matthews National Shell Museum	205 2022
	395-2233
CHR Community Housing & Resources	395-2233 472-1189
CHR Community Housing & Resources	395-2233 472-1189 274-5900
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940
CHR Community Housing & Resources	395-2233 472-1189 274-5900 © coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334
CHR Community Housing & Resources	395-2233 472-1189 274-5900 © coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100
CHR Community Housing & Resources	395-2233 472-1189 274-5900 © coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6340 472-6334 472-1100 677-7299 mail.com 521-1158
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-8334 472-1100 677-7299 mail.com -521-1158 472-6940 472-6940 472-6940 472-9332 472-9332 768-0417 472-0836
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332 472-9332
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 472-9332 472-9332 472-9336 313-6918 mail.com 472-0141
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org
CHR Community Housing & Resources	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 m35-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866
CHR Community Housing & Resources.  Community Foundation of Sanibel-Captiva.  COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940
CHR Community Housing & Resources	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 tting.club
CHR Community Housing & Resources.  Community Foundation of Sanibel-Captiva.  COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com -521-1158 472-6940 472-9332 768-0417 472-0336 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 472-6940 471-6940 471-6940 472-6940
CHR Community Housing & Resources.  Community Foundation of Sanibel-Captiva.  COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com -521-1158 472-6940 395-9232 472-9332 768-0417 472-036 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 472-6940 ting.club 395-0819 267-7291
CHR Community Housing & Resources.  Community Foundation of Sanibel-Captiva.  COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 472-0141 eclub.org 470-2866 472-6940 ting.club 395-0819 267-7291 472-4648
CHR Community Housing & Resources.  Community Foundation of Sanibel-Captiva.  COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 472-0141 eclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 ting.club 395-0819 267-7291 472-4648 472-8994 395-2040
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 ©coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 472-0936 472-0936 472-6940 472-6940 472-6940 472-6940 472-6940 472-6940 472-6940 472-6940 472-8394 472-8394 472-8394
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329 -728-3663
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-3644 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eculub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 472-2329 472-2329 472-33663 246-8875
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-3644 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eculub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 472-2329 472-2329 472-2329 472-2329 472-333-2000
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329 -728-3663 246-8875 433-2000 728-1971
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329 -728-3663 246-8875 433-2000 728-1971
CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	395-2233 472-1189 274-5900 @coti.org 472-3644 472-3644 472-6940 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 dting.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329 -728-3663 246-8875 433-2000 728-1971

# "When's

Distant METEOR	
Truly QUIET	
Shiny SAINT	
Edge FINGER	





Find at least six differences in details between panels.

Differences: 1. Curtain is wider. 2. Flower is missing. 3. Frame is smaller. 4. Freckles are missing. 5. Parts are different. 6. Flowerpot is different.

#### **To Play** Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

		3			1	8		
	8			4			9	
7			3				2	6
	9		8			4		
3		7		1			5	
		1			5			9
5			6		4		8	
	6		7					3
		2		9		7		

### PETS OF THE WEEK



Fiona ID# A856887

photos provided

#### Lee County Domestic Animal Services

#### Fiona And Tillie

ello, my name is Fiona. I'm a tan and white 1-year-old female bulldog mix. I often have a look of wonder because I do not know why I have found myself at a shelter. I'm both beautiful and loving. LCDAS officials believe that I have definitely been in a home as I was quite scared when I first came to the shelter. The staff and volunteers have shown me that while this is not my perfect place, I am well loved and protected while I wait for someone to come and take me home. My adoption fee is \$75.

Hi, my name is Tillie. I'm a black 4-year-old female domestic shorthair. I'm



Tillie ID# A856671

not quite a kitten, but I come with the cutest built-in white mittens that I love to 'make bread' with on my favorite Minnie Mouse blanket. I am quite motherly in my interactions with younger cats, so take advantage of LCDAS' adopt one and get a feline friend at no additional fee. My adoption fee is \$50.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.

### Base Operations At Airport Voted Among The Best

Base Operations at Page Field has been ranked in the top five percent of fixed-base operators (FBO) in an international survey conducted by Aviation International News (AIN). This is the ninth consecutive year Base Operations at Page Field has been named a top fixed-base operator by AIN. It ranked first in the Fort Myers/Naples area, had the third best score in the facilities category, was in the top 10 for its passenger amenities' score and landed in the top 10 overall for FBOs in the Americas.

"We appreciate being recognized as a top FBO for our outstanding commitment and delivery of services to our guests at Base Operations at Page Field," said Ben Siegel, CPA, CM, executive director of the Lee County Port Authority. "The Base Operations team always does a great job, but I have never been prouder of the way they have handled themselves and our business during these difficult times."

The FBO survey is conducted annually and asks pilots, flight attendants and dispatchers to provide feedback on the level of customer care at individual business and general aviation service providers throughout the U.S., Canada, Mexico, South and Central America, and the Caribbean. AIN conducts the survey year-round online and calculated cumulative averages from 2014 to present for this year's results. The survey asked qualified subscribers to evaluate FBOs they visited the previous year in five categories: line service, passenger amenities, pilot amenities, facilities and customer service representatives.☆

#### New Electronic Submittal Process For Contractors

The Lee County Department of Community Development (DCD) transitioned to a fully electronic submittal process on April 19 for building permit, zoning, planning and development order applications.

Contractors, design professionals and agents are required to submit applications and supporting documents through the DCD Public Portal, which is called eConnect. Paper drop-offs will no longer be accepted unless the customer qualifies for an exception, including:

Property owners who qualify as "owner-builders" may submit building permit applications in-person.

Property owners without a professional

development order applications in-person. Submission of documents required

agent may submit zoning, planning and

by state statute, Lee County or other agencies to be provided as original signed hard copies are exempt from electronic submittal; for example, bond riders, bond reductions, conservation easements, plat recording documents and easement agreements. Application submittal requirements indicate which documents must be provided as hard copies. Anyone who is unsure may contact DCD planners or reviewers at 533-8585.

DCD offers free eConnect training, which covers how to register for an account, apply for and track permits and petitions, and upload documents to resolve conditions. To sign up, visit www.leegov.com/dcd/eserv/econnect. To learn about the online process, visit www.leegov.com/dcd/eserv. For more information, email econnect@leegov.com or call 533-8343.

# My Stars ★★★★

FOR WEEK OF APRIL 19, 2021
Aries (March 21 to April 19) Whether a waiting period is taking longer than expected, or just seems that way, the anxious Lamb would do well to create a center of calm within her- or himself, and not do anything rash.

**Taurus** (April 20 to May 20) Practical matters dominate the week, but cultural activities also are favored, especially those that can be shared with someone special in the Bovine's life. Some important news might be forthcoming.

**Gemini** (May 21 to June 20) You need to know more about a possible career move in order to see if it offers a real opportunity or just a change. You're sure to get lots of advice – some of it good – but the decision must be yours.

Cancer (June 21 to July 22) The arrival of hoped-for good news about a loved one dominates most of the week and provides a great excuse for the party-loving Moon Child to plan a special event to celebrate.

**Leo** (July 23 to August 22) Leos and Leonas rushing to finalize their plans might want to think about slowing down the pace, or risk overlooking an important consideration that could become a sore point down the line.

**Virgo** (August 23 to September 22) The week's challenges call for logical approaches. But sentiment also has its place. Sharing memories with a special someone, for example, strengthens the bond between you.

**Libra** (September 23 to October 22) A brand-new approach to a problem could have a good chance of succeeding if it's based on a solid foundation of fact to strengthen its potential for standing up to scrutiny.

**Scorpio** (October 23 to November 21) A favorable report should give your optimism an important boost as you confront another phase of a challenge. Don't be timid about accepting advice from someone you trust.

Sagittarius (November 22 to December 21) You might want to target another goal if your current aim is continually being deflected. But stay with it until you find that first sign of an opening, and then follow through.

**Capricorn** (December 22 to January 19) Although offers of advice might not always please the usually sure-footed Goat, good counsel is always worth considering, especially from those whose experience can be invaluable.

**Aquarius** (January 20 to February 18) Don't rush to make up for lost time. Your productivity can be measured not only by what you do, but how you do it. Move carefully until the job is done the way you like it.

**Pisces** (February 19 to March 20) Emerging facts about someone you know might cause you to rethink your relationship. But remember to make judgments in context of a full situation, not just on scraps of data.

**Born This Week**: You are known both for your love of acquiring beautiful things as well as for your generosity to others.

#### MOMENTS IN TIME

- On April 27, 4977 BC, the universe is created, according to German mathematician and astronomer Johannes Kepler. Scientists in the 20th century developed the Big Bang theory, which showed Kepler's calculations were off by about 13.7 billion wars.
- about 13.7 billion years.

   On April 28, 1789, three weeks into a journey from Tahiti to the West Indies, the HMS Bounty is seized in a mutiny led by Fletcher Christian, the master's mate. Captain William Bligh and 18 of his loyal supporters were set adrift in a small boat. They reached the East Indies in June, after a voyage of about 3,600 miles.
- On May 2, 1939, New York Yankees first baseman Lou Gehrig benches himself for poor play and ends his streak of consecutive games played at 2,130. The

left-handed slugger led the American League in RBIs five times.

- On May 1, 1941, Citizen Kane
  makes its debut at the RKO Palace
  Theater in New York City. The film
  about a publishing tycoon's dying words
  consistently ranks at the top of film critics'
  lists of America's greatest films.

  On April 29, 1974, President Richard
- On April 29, 1974, President Richard Nixon announces that he will release transcripts of 46 taped White House conversations in response to a Watergate trial subpoena. In August, Nixon resigned to avoid an impeachment trial after proof of his guilt was found on the tapes.
- On April 26, 1986, the world's worst nuclear accident occurs at the Chernobyl nuclear plant near Kiev in Ukraine. An estimated 4,000 clean-up workers died from radiation poisoning and a large area of land may not be livable for almost 150 years.
- On April. 30, 1997, at 12:11 pm, London's iconic Big Ben clock, the most famous clock in the world, stops ticking for 54 minutes. In 1962, snow delayed the bells, causing Britain's capital to ring in the New Year 10 minutes late.

#### NOW HERE'S A TIP

 "If you have dogs, keep a towel near your door. Then you can wipe off muddy continued on page 54

#### **PUZZLES**

#### **Super** Crossword **HIT SINGLES** ACROSS 39 Resident **72** Writer Haley 75 Doth own 24 "Wake Up 111 "You Were 1 Insurance doctor 73 Clutch sitter Meant for Little -76 It's a pain giant 40 "Kiss From 74 Moby Dick's Me" singer 26 Hitter of high 77 Lager, e.g. 6 Italian side a Rose" whom **79** Time pursuer notes 78 "Have You 29 Revealing, as dish singer everyone between **13** Govt. after lots of Ever?' treasures? a bikini fliahts 33 Dial or Coast media coaching? singer doing 114 "Sort of" 80 "Do I watchdog 44 Inits. on an commercials 34 Actor Linden have a suffix 16 Once lived ambulance for Mac 115 Sharp bark volunteer?" **35** See 19 Cheek **45** — Romeo computers? 116 Most ethereal 49-Across 81 In addition 48 "Marat/Sade" 81 Brazilian 85 "Hey, sailor!" 117 Popular font makeup 36 Africa's 20 Put out of playwright soccer great 118 No longer Guinea- — 86 Filmmaker 82 See 37 ER workers memory Peter active: Abbr. Jean-21 "Impressive!" 49 With 119 Ocean Godard 38-Across 38 Not fake 22 Skiing peak 35-Down. 83 Make an 120 Frightful flies 40 Bed size 88 Nav. rank 23 "Glamorous" short, easy 121 Shabby 41 Nevada city 89 Cartoon pic exit singer who's 84 Negatives putts 42 "- I a 90 Cowardly 50 Cup edge 85 In the style **DOWN** stinker?" a member of evasions the nobility? 51 Lowly 1 Paula of pop 43 Ringo who 91 Shucks 53 Hostelries 86 Readily bent 25 Dodgy 2 Tossed was knighted 93 Fiscal sums **27** Not 54 Tilted text: **87** — -deucy 3 "Filthy" gain 44 Downy duck 94 Oz resident 88 Needle hole 4 Court champ 95 Leachman of disproven Abbr. 46 Air blowers 28 "This Old 56 "Material Girl" 89 "Yeah!" Arthur 47 "Ah. me!" "Phvllis" House" airer 5 Emeril, e.g. singer as a 50 Kind of paint 97 Lowest point singer of high 30 Hot and 51 Nautical birth? deacon? 6 Stole stock 98 "Beloved" 58 "- chance!" heavy 92 Cheese 7 Deduce 52 Shangri-la actress 59 Neither's 31 Size above 54 Seeing red? variety 8 Olympic racer Kimberly med. partner 95 Co. leaders 9 Atop, in odes **55** "— is human 99 Yank in 32 Kind of 60 Bit of dust 96 Cry of pain 10 "It" game Europe, say 61 Galena, e.g. camera, for 97 "Hot in Herre" 11 Easel, often **56** — -dovey 100 Skein bird 12 Last non-A.D. 57 Super 8, say 101 "Namely .. short 62 Ending for singer on 33 "Raise Your peer edge? year 60 Sculpts 102 Really got 13 Rival Glass" 63 "Every 100 Vehicle 64 At no time, to to **103** Tummy singer being Breath You 14 London's bards navig. 65 Lake craft 106 Connections scandalous? Take" singer aid Garden 36 Cheese 101 Bar bill 66 Crop off 107 Open a bit working as a 15 Cavalry cry 67 Too gaudy 104 UFO pilots 108 Lynn or Miles variety spy? 16 Be part of a - TURN 38 With 68 -105 Outer: Prefix 68 Not a thing queue 110 Hot tub site 82-Across, 17 Ailey of (traffic sign) 106 Decided by 69 Big oil gp. **112** Afore 71 Suffix with Tour de ballot dance 70 Northeast, on 113 Op. — (kin of France, e.g. mountain 109 Deviate 18 Bit of dust a map "ibid.") 14 16 12 13 19 20 21 22 23 24 25 26 27 28 31 32 33 35 36 37 38 39 41 42 45 43 44 48 49 50 51 53 58 59 63 65 66 72 73 74 68 69 75 78 82 80 81 83 84 85 86 87 88 89 90 91 94 96 98 100 101 102 103 104 105 107 | 108 109 112 113 114 115 116 117 118 120

# King Crossword

#### ACROSS 1 Repast 13 5 "Ben- -- " 8 Lawman 15 16 Wyatt 12 "Frozen" snow aueen 13 "Right you 14 Computer brand 33 15 Slightly 16 Actress Long 17 Hindu royal 40 41 18 Tidy up 20 Toto, to 45 43 Dorothy 49 50 22 Peyton's brother 54 55 23 Commonest 56 58 English word

34 Hostel 35 "Becoming" author Obama 38 Read quickly 39 Knock 40 Wildebeest 42 "Yippee!" 45 Held up 49 "Mamma Mia" group 50 Gardner of Hollywood 52 Actress Kate

24 Easter entrees

27 Vinegar vari-

etv

33 Chopper

general

53 Fibs

54 Diarist Anais

32 X-ray's cousin 55 Footnote abbr. 56 Minus 57 Young fox 58 Till bills DOWN 1 Intend 2 North Sea feeder 3 Largest continent 4 Coffee bar orders 5 Carthaginian

Kitt 9 Campus figure 10 Gambling mecca Bluenose 19 Chicago transport

6 Swiss canton

8

21 UFO crew 24 "Let me think

25 "Exodus" hero 26 Germs 28 Rocker Rose

Oscar winner Harvest Sultry singer pickle 31 Blitzer's channel

29 "Shampoo"

36 Badger 37 Clean-air org 38 Hand in

41 "Forget it!" 42 Corridor 43 Theater award

44 Tug 46 Innocent one 47 Ms.

Brockovich 48 June honor-51 Half of XIV

O P M N W O D T I S JGDAX V S Q N K I R S U Y G F D A X V T Q O M J E R H M N F C A Y WURPYNGILP IJHF D BZXVKI NFTANRO CHCFUDBTTHI ZYAAUWHVTHHRO ILARENEGKIMH NLL P R E E M PТ E) M C AZENORDXWILDCA

WVDUSSREHCAETHR

directions forward, backward, up, down and diagonally

Find the listed words in the diagram. They run in all

MAGIC MAZE ● — STRIKE

Unlisted clue hint: PROTESTER REFUSING TO EAT General Air Hammer Called Lightning Drone Lucky First

Pre-emptive Sit-down Surgical Sympathetic

Teachers Third Wildcat

## PROFESSIONAL DIRECTORY

#### **NEW HOMES, REMODELING & ADDITIONS**

# KIRCHNER

- New Homes

**REAL ESTATE** 

 Consulting MATT KIRCHNER

CG-C059097 Mobile: 239-410-6932

Your Island Home Team

239 • 472 • 0004

RON'S **CLEANING SERVICE** 

Sanibel, Captiva, Fort Myers

**Professional, Residential Cleaning** 

& Misc. Services

Licensed

Sanibel & Lee County # Excellent References

Call Ron @

239-463-4227 or cell 239-728-7206

P.O. Box 143 Sanibel Island, FL

**CLEANING SERVICE** 

Remodeling

Contracting

Phone: 239-472-2601 Fax: 239-472-6506

#### POOL CLEANING, SERVICE & REPAIR

#### **40 YEARS IN BUSINESS**

#### Specialists In

- · Next Day Installation
  - Retail Location
  - · Free Estimates After Hours

ICMSanibel@yahoo.com www.ICMpools.com

# ISLAND CONDO

MAINTENANCE Call Us Today

72-4505

#### **PLUMBER**

Water heaters . Back flow Sewer camera, jetting and repair

239-395-2689

#### PAINTING

# Residential & Commercial Painting

- COLOR SCHEMES on request from ibel Home Furnishings
- Power Washing
  - Wallpaper Hanging
  - Faux Finishing
  - Free Estimates
    - Interior & Exterior
    - Dependable
    - Reliable
    - Licensed & Insured

Lic #S3-11944

395-3928 Cell: 841-4302 barefootcharley@aol.com

With your contract a donation to your

favorite charity will be made.

#### GENERAL CONTRACTOR

# GENERAL CONTRACTORS LLC CGC1517615 New Construction & Remodels 239-593-1998 www.dbrowngc.com

Residential & Commercial Pools Fast, Reliable Service & Repair

- of Equipment
- off Periwinkle
- Emergency Service

Plumbing repairs Sewer and drain cleaning

#### **POOL SERVICE & REPAIR**



239-699-6279

- Pool Heater Specialist
  - Sales Service & **Installation of All Brands**
  - FREE Estimates

24/7 emergency repair service. Free estimates for weekly service and repairs!

#### CONSTRUCTION



#### MILLS BROTHERS BUILDING CONTRACTORS

QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available Sanibel Owned & Operated

Office Phone & Fax 239-472-6711

Joseph Mills Lic. #CBC058789 William Mills Lic. #CBC058788

#### **COSMETICS**



#### **GLASS**

Insured



Licensed

#### **Stevens & Sons Glass**

Replacement Impact Windows & Sliding Doors, Mirrors, Tub & Shower Enclosures, Store Fronts, Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road Sanibel Island, FL 33957

Phone: (239) 472-0032 Stevensglass@comcast.net

#### **CONSTRUCTION**



- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim

**Celebrating 11 Years on Sanibel** 

**Sanibel Family Owned & Operated** Patrick & JoAnne Ulrich 239-896-7116 ulrichbuilding@gmail.com #CRC1331575



**FRIDAY** Sunny High: 83 Low: 71



**SATURDAY** Mostly Cloudy High: 79 Low: 70



**SUNDAY** Cloudy High: 81 Low: 69



**MONDAY** Cloudy High: 82 Low: 72



**TUESDAY** Mostly Cloudy High: 81 Low: 70



WEDNESDAY 🚁🏑 Mostly Cloudy High: 82 Low: 73



**THURSDAY** Mostly Cloudy High: 81 Low: 70

#### Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:10 pm	5:08 am	11:25 pm	5:11 pm
Sat	12:23 pm	5:45 am	None	6:01 pm
Sun	12:29 am	6:18 am	12:40 pm	6:49 pm
Mon	1:30 am	6:47 am	1:00 pm	7:37 pm
Tue	2:30 am	7:12 am	1:24 pm	8:26 pm
Wed	3:33 am	7:33 am	1:52 pm	9:18 pm
Thu	4:45 am	7:47 am	2:26 pm	10:15 pn

#### Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	11:15 am	5:10 am	10:30 pm	5:13 pm
Sat	11:28 am	5:47 am	11:34 pm	6:03 pm
Sun	11:45 am	6:20 am	None	6:51 pm
Mon	12:35 am	6:49 am	12:05 pm	7:39 pm
Tue	1:35 am	7:14 am	12:29 pm	8:28 pm
Wed	2:38 am	7:35 am	12:57 pm	9:20 pm
Thu	3:50 am	7:49 am	1:31 pm	10:17 pm

#### Punta Rassa Tides

Dav	<u>High</u>	Low	High	Low
	11:39 am			
Sat	12:08 pm	5:54 am	None	6:10 pm
Sun	12:23 am	6:33 am	12:32 pm	6:59 pm
Mon	1:12 am	7:09 am	12:54 pm	7:47 pm
Tue	1:59 am	7:44 am	1:15 pm	8:36 pm
Wed	2:53 am	8:18 am	1:38 pm	9:26 pm
Thu	3:55 am	8:54 am	2:07 pm	10:18 pm

#### Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:22 am	8:24 am	2:20 pm	8:27 pm
Sat	1:35 am	9:01 am	2:33 pm	9:17 pm
Sun	2:39 am	9:34 am	2:50 pm	10:05 pm
Mon	3:40 am	10:03 am	3:10 pm	10:53 pm
Tue	4:40 am	10:28 am	3:34 pm	11:42 pm
Wed	5:43 am	10:49 am	4:02 pm	None
Thu	6:55 am	12:34 am	4:36 pm	11:03 am

# PROFESSIONAL DIRECTORY

#### **LANDSCAPE**



For all your landscaping needs

Landscape Design and Installation **Beautiful Palms and Tropicals** Landscape and Lawn Maintenance **Tree Trimming Services** Mulch Application
Property Clean up & more!

#### **INTERIOR DESIGN**



Bridget Vandenburgh INTERIORS, INC. Allied A.S.I.D.

O 239.312.8800 | C 239.222.0148

Please visit us in our Blue Bungalow Showroom and Design Studio!
M-F 10AM-5PM or by Appointment

DESIGN@BRIDGETINTERIORS.COM WWW.BRIDGETINTERIORS.COM Decorating on 1633 PERIWINKLE WAY SUITE C & D the Island SANIBEL FL 33957 Located at the Anchor Point Plaza since 2005

#### DeCorteFour.com



We do it all from repairing a door to adding a 2nd Floor **New Construction Too** 

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

#### **LOCKSMITH**



Island Locksmith Serving Sanibel & Captiva

**Islands Since 1976** 

2340 Periwinkle Way, J-3 **Behind Village Shops** 239-472-2394

"Veteran Owned & Operated"

IslandLocksmith@yahoo.com www.sanibelislandlocksmith.com

#### PRESSURE WASHING



#### WINDOW CLEANING



Residential-Commercial-New Construction Pressure Washing, Window Cleaning and **Gutter Cleaning** 

LICENSED and INSURED

jccpcleaning@aol.com / jccpwindowcleaning.com

#### Rabbit Rd. **Home Watch Service**

An affordable **Home Watch Service** based on Sanibel Island. We are licensed, insured, bonded.

239-558-5733 rabbitrdmgt@gmail.com www.RabbitRoadMgt.com

#### **HOME WATCH**



Marco DuMont Owner

(w) 239-410-7566

marco@sanibelhomewatch.com www.sanibelhomewatch.com

#### **FISHING CHARTER**







Mail your tax-deductible donation to:

#### The Harry Chapin Food Bank

3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 or donate online at: harrychapinfoodbank.org



# PROFESSIONAL DIRECTORY

#### **TELEVISION**

#### **WOOSTER TV**

HDTV · VIDEO · DVD · COMPUTERS

Serving the Islands for Over 40 Years!

P.O. Box 1695

239.472.1133

Sanibel, FL 33957 Mike (cell) 239-565-2875

woostertv@comcast.net

#### **PAINTING**

#### **PAINTING SERVICES Martinis Painting Inc.**

- Exteriors Interiors
- Deck Staining & Sealing
- Driveway & Pool Decks, etc.

40 Years Local & Family Owned www.martinipaints.us

239-313-0980

\$400 OFF

#### **BUILDING AND DESIGN**



**New Construction** Remodeling

Decking Trim

Windows/Doors Kitchens/Baths

Raye Scott (239) 410-3547 scottbuilt@hotmail.com

#### CONTRACTOR

#### **CONCRETE WORK**

- New or Widen Driveways
- New Slabs or Sidewalks
- Repair cracks & Stucco Work
- Steps, Footers, Knee Walls, etc.
- Decorative Coatings, Stamped Concrete
  - Concrete Painting, Pool Decks
    - Landscape Curbing

Family Owned & 40 Years Local Lic cbc1261010 & Insured www.martinipaints.us

239-313-0980

**Martinis Concrete Inc.** 

#### **DESIGN. REMODELING AND CUSTOM HOMES**



we create artwork"

CHRIS.ARTISTICINTERIORS@GMAIL.COM WWW.ARTISTIC-INTERIORS.COM

239-989-6122 Lic#RG291 103860, SI 16371

#### TREE TRIMMING, ARBORIST



#### **HOME SERVICES**



#### **CLEANING**



#### CONSTRUCTION/REMODELING



#### CONSTRUCTION

Custom Homes & Remodeling Specialists We can design, build and manage any endeavor you can dream up.

239.454.5699

cooperconstruction@embargmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

#### ROCK, MULCH, PLANTS



#### **POOL & SPA SERVICE**



#### **GENERAL CONTRACTOR**



#### **Your Favorite Home Service Company!** Price Match Guarantee\*

Roofing Plumbing Remodels **Electrical** 

**Solar Panels Air Confitioning General Contractor** 

239-472-1101 www.sancaphomeservices.com

2244 Periwinkle Way, Suite 13, Sanibel 2271 Bruner Lane, Unit 6, Fort Myers

Sanibel Plumbing Company – CFC1429575 SanCap Home Services – EC13009454 Milestone Builders, LLC – CGC1519724 - CCC1331922 - CAC1820364

#### "Quality" is more than just a word, it is the foundation of our reputation!

At SanCap Home Services, we are continuing 72 years of service excellence!! We are a comprehensive home services company that will take care of all your PLUMBING, ELECTRICAL, HVAC, ROOFING, and REMODEL needs. Whatever issue arises, you don't have to deal with it alone, we are always here to help! From maintenance and repairs to new installation, we are dedicated to serving your needs and are sure to exceed your expectations!

#### Financing Available

\$500 OFF \$100 OFF \$500 OFF 10% 0

\* Not Valid With Any Other Coupon Or Offer
Price Match Guarantee Applicable With Proof Of 2 Other Estimates From A Licensed Contracte

From page 49

#### Now Here's A Tip

paws before they have a chance to get the carpets dirty!" – TY in Mississippi

- If you're reattaching a button to shorts or pants, try using dental floss, the unwaxed kind. It's much stronger, and can hold the button better than regular thread. Use a marker to darken it if the color is an issue.
- Here's a great way to get a longer life from a bar of soap: Press the plastic top of a pop bottle into one side of a wet bar of soap. When you set the bar down in your soap dish, put it plastic side down. This way, the bar doesn't sit in any residual water and turn into a goopy mush. The plastic top comes out easily if you need to remove it." - YP in Illinois
- Store brooms either handle down or on a hook that allows the bristles to suspend over the floor. When brooms rest their bristles on the floor, it bends them and breaks the ends. Broken ends make it hard

for the broom to work efficiently.

- "After a recent bathroom redecoration, we had a toilet paper holder left over. I mounted it on the wall in my shop, and I use it to dispense twine. It's actually working well and is the perfect size, since it's not really wide enough for more than one duct tape roll." - AL in
- It's easy to leave a group text chain on an iPhone. There's a setting for this. It's not as easy on an Android phone, but it's doable. Simply mute the conversation and delete the text thread. If you have a big family group and you're getting too many notifications, you can always mute the conversation until you're finished with whatever you're doing.

#### STRANGE BUT TRUE

- Alligators will give manatees the right of way if they swim near each other.
- A day on Mars lasts 24 hours, 39 minutes and 35 seconds. You'd assume therefore that there are fewer days in a

Martian year than an Earth year, right? Nope – because Mars orbits the sun more slowly than Earth, a Martian year actually comprises 687 days.

- The board game Cranium was the first non-coffee product to be sold at Starbucks.
- A Mickey is the smallest detectable movement of a mouse cursor on a screen. The term was coined by computer scientists, who use it when programming mice and other input devices.
- And while we're on the subject of "small," the tiniest item ever photographed is the shadow of an atom, captured via a super-high-resolution microscope by a team at Australia's Griffith University in 2012.
- The Welsh word for jellyfish is "Psygod wibli wobli."
- Out of the millions of creatures that inhabit planet Earth, humans are one of just three species capable of laughter, the other two being chimpanzees ... and rats!
- The Galop Infernal, composed for an opera as a soundtrack to a man descending into hell, is better known to most of us as

The Can-Can song.

- Proof that some things never change: the world's oldest known joke is a Sumerian fart joke.
- The most expensive pizza in the world will set you back a cool \$12,000. Why? Well, it takes 72 hours to make, can only be produced in your home by three Italian chefs, and is topped with three types of caviar, bufala mozzarella, lobster from Norway and Cilento, and pink Australian sea salt!

#### THOUGHT FOR THE DAY

"Don't worry about failures, worry about the chances you miss when you don't even try." – Jack Canfield

#### TRIVIA TEST

- 1. **Geography**: What is the deepest point in Earth's oceans?
- **Comics**: What is the name of the newspaper in the Shoe comic strip?
- 3. **Literature**: Which 19th-century novel features the characters

### **CLASSIFIED**

#### REAL ESTATE

# DIRECT ACCESS BOAT DOCK FOR RENT ON SANIBEL

Water and Electric, 10,000 Pound Lift, Parking-Rare Opportunity! Call 941-681-0233

#### VACATION RENTAL

# DOG FRIENDLY TENANT WANTED OCT-DEC RENTAL



2 Bed/1 BA adorably furnished cottage, everything for beach. Huge backyard, seating/BBQ. Walk to beach. East end 1155 Seagrape, Oct.-Dec. 30/ Discounted Price, incl. cable/elec/water. Local author/ owner Dr. Richard Conrath. SUPER CLEAN/NEAT/PRIVATE. Ph 727-644-6493 www.seagrapecottageatsanibel.com

#### **Island Vacations**

Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277

1/4 **☆** TFN

#### VACATION RENTAL



2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www.cottages-to-castles.com

#### **VACATION RENTAL** SANIBEL

Stunning remodel and decorated by Designer owner. All High End!! This Gorgeous home offers 3 BR/2 BA, private pool, large 2 car garage, overlooking conservation area, Walk to beach. Available for a minimum of 6 months for the 2021/22 Season. Call to inquire & book this property before it's Gone !!!

472-6747

Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.

#### 3/19 **☆** TFN ANNUAL RENTAL

#### **RENTING FOR OVER \$1,500?**

Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS

#### SERVICES OFFERED

#### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

#### **HELPER**

Are you elderly, disabled or just don't have free time? I can help! Just give me a call... 973-919-2116 12/11 **☆** TFN

#### HELP WANTED



FYZICAL Therapy & Balance Centers of Sanibel is looking for a friendly, energetic, and team oriented person to help expand and join the staff as a new Rehabilitation

- Tech. Job responsibilities include: Greeting and checking-in patients
- Assisting patients with exercises
  - Demonstrating use of equipment and exercises Cleaning of equipment

Hours are seasonally based, and would include options for coverage of vacations as needed during off-season times. Please call Laura Holland at 239-395-1097. 4/9 🗱 4/30

Museum on Sanibel Island is seeking an Administrative Assistant. Experience with Word, Excel, databases, other business applications, and good writing skills required. To apply for this 20 hour/week position, please send a resume to info@shellmuseum.org.

HELP WANTED

**ADMINISTRATIVE** 

**ASSISTANT** 

The Bailev-Matthews National Shell

#### HELP WANTED

**HELP WANTED** Suncatcher's Dream gift shop on Sanibel is hiring! Looking for a people oriented person for 3 or 4 days a week. This is an all year round position. Tolls paid. Fun work environment!

Contact Dan at suncatchers@earthlink.net

# FULL/PART-TIME SALES ASSOCIATE

1/22 A TFN

Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsole@gmail.com.

# CAREGIVER/HOUSE KEEPER URGENTLY NEEDED

This is a live-out position work, from Monday to Thursday. \$650 weekly. Childcare and Light housekeeping. Must be able to interact with children. Speak English, and non smoker. MUST HAVE REFERÊNCES AND BE RESPONSIBLE. If interested you can reach Linda at flowershop998@gmail.com

#### FOR SALE

#### A COLD COPPER MOON





Award winning local author, Dr. Richard Conrath. Mystery/Crime fiction final book in series is out – A Cold Copper Moon (Please read Cooper Moon's series in chronological order!) Signed copies available at MacIntosh, Gene's, Bailey's, www.richardconrath.com. Great beach read.

To advertise in the Island Sun and The River Weekly News Call 395-1213

- Catherine and Heathcliff?
- 4. Movies: What was the name of Yoda's home planet in the Star Wars movie series?
- 5. **Business**: When did the social media service Facebook launch?
- 6. Music: How many strings does a cello have?
- 7. Food & Drink: What kind of alcohol is distilled from juniper berries?
- 8. **History**: In what year did the first human heart transplant take place?
- 9. **Science**: Which plant can be processed to make linseed oil?
- 10. **Language**: What is the scientific study of diseases and their effects on population called?

#### TRIVIA ANSWERS

1. The Mariana Trench in the Pacific Ocean 2. The Treetops Tattler 3. "Wuthering Heights" 4. Dagobah 5. 2004 6. Four 7. Gin 8. 1967 9. Flax 10. Epidemiology

#### SCRAMBLERS ANSWER

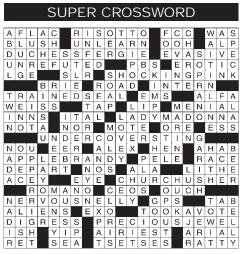
1. Remote 2. Quite; 3. Satin; 4. Fringe Today's Word

#### **QUITTING**

# HORTOONS



# **PUZZLE ANSWERS**



KING CRUSSWURD												
М	Ε	Α	L		Н	U	R		Ε	Α	R	Р
Ε	L	S	Α		Α	R	Ε		Α	С	E	R
Α	В	_	Т		Ν	Π	Α		R	Α	Ν	Ι
Ν	Е	Α	Т	Е	Ζ		Р	Е	Т	D	0	G
			Ш	L	_			Т	Н	Ш		
Н	Α	М	S		В	Α	L	S	Α	Δ		С
М	R	_			Α	Х	Е			_	N	Ν
М	Ι	С	Ι	Е	L	┙	Е		S	O	Α	Ν
		R	Α	Ρ			G	Ν	U			
Н	0	0	R	Α	Υ		R	0	В	В	E	D
Α	В	В	Α		Α	٧	Α		М	Α	R	Α
L	Ī	Е	S		Z		Z			В	Ī	D
L	Ε	S	S		Κ	Ī	Т		Т	Е	Ν	S

(NWOD(T)I/S)	
s/u/r  G	
/R/ M N	
$\widehat{Y}$ /G/I   P   I	
K/I/F AN	
C C TH	RD)
AXA/U HH	E
LXILARENEG	м
L PREEMPTIVE	ВM
(ENORD) (WILD (	CAT)
	ГН

MAGIC MAZE

3600110								
9	5	3	2	6	1	8	7	4
2	8	6	5	4	7	3	9	1
7	1	4	3	8	9	5	2	6
6	9	5	8	2	3	4	1	7
3	4	7	9	1	6	2	5	8
8	2	1	4	7	5	6	3	9
5	7	9	6	3	4	1	8	2
1	6	8	7	5	2	9	4	3
4	3	2	1	9	8	7	6	5

SUDOKU

# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2019	7,000	\$7,875,000	\$7,875,000	4
Barefoot Beach	Bonita Springs	1993	5,000	\$5,675,000	\$5,550,000	181
Gulf Ridge Sub	Sanibel	1985	3,917	\$5,200,000	\$4,995,000	81
Spring Ridge	Bonita Springs	2002	6,464	\$3,600,000	\$3,625,000	312
Metes And Bounds	Captiva	2002	6,820	\$2,790,000	\$2,790,000	233
Sanibel Estates	Sanibel	1993	4,000	\$2,999,999	\$2,775,000	84
Portofino	Miromar Lakes	2013	4,189	\$2,795,000	\$2,750,000	3
Rookery Lake	Bonita Springs	2001	5,475	\$2,750,000	\$2,650,000	358
Bay Harbour Estates	Fort Myers	2017	5,852	\$2,495,000	\$2,495,000	6
Imperial Shores	Bonita Springs	2019	3,515	\$2,599,000	\$2,299,000	3



# "FOR THE SUN-KISSED & SUN-DESIROUS ALIKE, A VACATION ON A PLATE."

The New York Times

Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete Pier

f 🖾 🔆 🚳

www.DocFords.com

THE ORIGINAL

YUCATAN SHRIMP!

Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale